

































## Sand Shoal Inlet, VA - Jul 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:36	3.7	11:53	4.4	5:21	0.4	5:20	0.5	5:46	8:27	
2	Tue			12:18	3.8	6:00	0.4	6:08	0.6	5:46	8:27	
3	Wed	12:34	4.2	1:04	3.9	6:42	0.4	7:00	0.7	5:47	8:27	
4	Thu	1:17	4.0	1:54	4.1	7:25	0.4	7:57	0.7	5:47	8:27	
5	Fri	2:07	3.8	2:49	4.3	8:12	0.4	8:57	0.7	5:48	8:27	
6	Sat	3:04	3.6	3:48	4.6	9:03	0.3	9:59	0.6	5:48	8:26	
7	Sun	4:04	3.5	4:48	4.9	9:59	0.1	11:03	0.4	5:49	8:26	
8	Mon	5:05	3.6	5:47	5.2	10:57	0.0			5:49	8:26	
9	Tue	6:05	3.7	6:44	5.5	12:05	0.2	11:57 AM	-0.3	5:50	8:26	
10	Wed	7:02	3.8	7:40	5.7	1:04	0.0	12:55	-0.5	5:50	8:25	
11	Thu	7:59	4.0	8:35	5.8	1:58	-0.2	1:51	-0.6	5:51	8:25	
12	Fri	8:55	4.2	9:28	5.7	2:50	-0.4	2:46	-0.7	5:52	8:25	
13	Sat	9:49	4.3	10:19	5.5	3:40	-0.5	3:41	-0.7	5:52	8:24	
14	Sun	10:43	4.4	11:09	5.2	4:29	-0.5	4:36	-0.5	5:53	8:24	
15	Mon	11:36	4.4	11:58	4.8	5:18	-0.4	5:32	-0.3	5:54	8:23	
16	Tue			12:28	4.4	6:07	-0.3	6:31	0.0	5:54	8:23	
17	Wed	12:47	4.3	1:22	4.3	6:56	-0.1	7:31	0.3	5:55	8:22	
18	Thu	1:38	3.8	2:19	4.2	7:45	0.1	8:33	0.5	5:56	8:22	
19	Fri	2:32	3.4	3:19	4.2	8:35	0.2	9:36	0.7	5:57	8:21	
20	Sat	3:30	3.1	4:19	4.2	9:26	0.4	10:40	0.7	5:57	8:20	
21	Sun	4:29	3.0	5:15	4.2	10:18	0.4	11:41	0.8	5:58	8:20	
22	Mon	5:24	3.0	6:05	4.3	11:10	0.4			5:59	8:19	
23	Tue	6:13	3.1	6:50	4.5	12:32	0.7	12:01	0.4	6:00	8:18	
24	Wed	6:59	3.3	7:33	4.6	1:14	0.6	12:47	0.3	6:00	8:18	
25	Thu	7:42	3.4	8:13	4.7	1:51	0.5	1:31	0.2	6:01	8:17	
26	Fri	8:24	3.6	8:53	4.8	2:26	0.5	2:12	0.2	6:02	8:16	
27	Sat	9:06	3.8	9:31	4.8	3:00	0.4	2:52	0.2	6:03	8:15	
28	Sun	9:47	3.9	10:08	4.8	3:34	0.3	3:32	0.2	6:04	8:15	
29	Mon	10:27	4.0	10:46	4.6	4:10	0.3	4:13	0.3	6:04	8:14	
30	Tue	11:07	4.2	11:23	4.4	4:46	0.3	4:56	0.4	6:05	8:13	
31	Wed	11:48	4.3			5:23	0.3	5:43	0.5	6:06	8:12	