
























Sand Shoal Inlet, VA - Aug 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:03	4.2	12:32	4.4	6:04	0.4	6:35	0.6	6:07	8:11	
2	Fri	12:46	4.0	1:22	4.5	6:48	0.4	7:32	0.7	6:08	8:10	
3	Sat	1:35	3.7	2:19	4.6	7:39	0.4	8:33	0.7	6:09	8:09	
4	Sun	2:34	3.5	3:22	4.7	8:34	0.3	9:38	0.7	6:09	8:08	
5	Mon	3:39	3.5	4:27	4.9	9:35	0.2	10:44	0.5	6:10	8:07	
6	Tue	4:45	3.5	5:30	5.2	10:38	0.0	11:48	0.3	6:11	8:06	
7	Wed	5:48	3.7	6:30	5.4	11:41	-0.2			6:12	8:05	
8	Thu	6:47	4.0	7:25	5.6	12:47	0.1	12:42	-0.4	6:13	8:04	
9	Fri	7:43	4.3	8:18	5.6	1:40	-0.1	1:39	-0.6	6:14	8:03	
10	Sat	8:37	4.5	9:08	5.5	2:29	-0.3	2:33	-0.6	6:14	8:02	
11	Sun	9:29	4.7	9:57	5.3	3:15	-0.4	3:26	-0.6	6:15	8:00	
12	Mon	10:20	4.8	10:43	4.9	4:00	-0.4	4:18	-0.4	6:16	7:59	
13	Tue	11:09	4.8	11:29	4.5	4:45	-0.3	5:11	-0.2	6:17	7:58	
14	Wed	11:58	4.7			5:30	-0.1	6:05	0.1	6:18	7:57	
15	Thu	12:15	4.1	12:47	4.6	6:16	0.1	7:01	0.4	6:19	7:56	
16	Fri	1:02	3.7	1:40	4.4	7:04	0.3	7:59	0.7	6:19	7:54	
17	Sat	1:54	3.3	2:37	4.2	7:55	0.5	9:00	0.9	6:20	7:53	
18	Sun	2:51	3.1	3:40	4.1	8:48	0.6	10:04	1.0	6:21	7:52	
19	Mon	3:52	3.0	4:42	4.2	9:43	0.7	11:05	1.0	6:22	7:51	
20	Tue	4:52	3.1	5:36	4.3	10:39	0.7	11:58	1.0	6:23	7:49	
21	Wed	5:45	3.3	6:23	4.4	11:33	0.6			6:24	7:48	
22	Thu	6:32	3.5	7:05	4.6	12:40	0.8	12:22	0.5	6:25	7:47	
23	Fri	7:15	3.8	7:45	4.8	1:17	0.7	1:06	0.3	6:25	7:45	
24	Sat	7:57	4.0	8:23	4.8	1:51	0.5	1:48	0.2	6:26	7:44	
25	Sun	8:37	4.3	9:01	4.9	2:25	0.4	2:29	0.2	6:27	7:42	
26	Mon	9:17	4.5	9:38	4.8	2:59	0.3	3:09	0.2	6:28	7:41	
27	Tue	9:57	4.7	10:16	4.7	3:34	0.3	3:51	0.2	6:29	7:40	
28	Wed	10:38	4.8	10:55	4.5	4:10	0.2	4:35	0.3	6:30	7:38	
29	Thu	11:20	4.9	11:36	4.2	4:49	0.3	5:23	0.4	6:30	7:37	
30	Fri			12:06	4.9	5:31	0.3	6:16	0.6	6:31	7:35	
31	Sat	12:21	4.0	12:57	4.9	6:19	0.4	7:14	0.7	6:32	7:34	