US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Jan 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:24	3.5	1:39	3.2	7:24	0.7	7:40	0.4	7:17	4:56	
2	Sat	2:20	3.6	2:33	3.1	8:21	0.7	8:29	0.3	7:17	4:57	
3	Sun	3:16	3.8	3:29	3.1	9:19	0.6	9:21	0.2	7:17	4:58	
4	Mon	4:10	4.1	4:23	3.2	10:16	0.5	10:14	0.0	7:17	4:58	
5	Tue	5:02	4.5	5:15	3.4	11:12	0.3	11:07	-0.2	7:17	4:59	
6	Wed	5:52	4.8	6:06	3.5			12:04	0.0	7:17	5:00	
7	Thu	6:42	5.1	6:57	3.7			12:53	-0.2	7:17	5:01	
8	Fri	7:31	5.3	7:47	3.9	12:49	-0.7	1:41	-0.4	7:17	5:02	
9	Sat	8:20	5.4	8:38	4.1	1:39	-0.8	2:28	-0.6	7:17	5:03	
10	Sun	9:08	5.3	9:29	4.2	2:30	-0.9	3:16	-0.7	7:17	5:04	
11	Mon	9:57	5.1	10:21	4.3	3:23	-0.8	4:04	-0.7	7:17	5:05	
12	Tue	10:46	4.8	11:14	4.3	4:17	-0.7	4:54	-0.6	7:16	5:06	
13	Wed	11:37	4.3			5:16	-0.5	5:45	-0.5	7:16	5:07	
14	Thu	12:10	4.2	12:30	3.8	6:17	-0.2	6:39	-0.4	7:16	5:08	
15	Fri	1:11	4.1	1:28	3.4	7:21	0.0	7:35	-0.3	7:15	5:09	
16	Sat	2:15	4.1	2:31	3.1	8:28	0.1	8:32	-0.3	7:15	5:10	
17	Sun	3:22	4.1	3:36	2.9	9:37	0.2	9:31	-0.2	7:15	5:11	
18	Mon	4:26	4.1	4:36	2.9	10:43	0.1	10:30	-0.3	7:14	5:12	
19	Tue	5:22	4.2	5:30	3.0	11:42	0.1	11:24	-0.3	7:14	5:13	
20	Wed	6:11	4.3	6:18	3.1			12:30	0.0	7:13	5:14	
21	Thu	6:55	4.3	7:03	3.2	12:13	-0.4	1:10	-0.1	7:13	5:15	
22	Fri	7:36	4.4	7:45	3.3	12:57	-0.4	1:47	-0.1	7:12	5:16	
23	Sat	8:15	4.4	8:26	3.5	1:38	-0.5	2:22	-0.1	7:12	5:17	
24	Sun	8:53	4.3	9:06	3.6	2:18	-0.4	2:56	-0.1	7:11	5:18	
25	Mon	9:31	4.2	9:47	3.6	2:57	-0.3	3:31	-0.1	7:11	5:19	
26	Tue	10:08	4.0	10:27	3.6	3:38	-0.1	4:07	0.0	7:10	5:21	
27	Wed	10:46	3.8	11:08	3.6	4:20	0.0	4:45	0.1	7:09	5:22	
28	Thu	11:25	3.5	11:51	3.6	5:04	0.2	5:24	0.2	7:09	5:23	
29	Fri			12:07	3.3	5:52	0.4	6:07	0.3	7:08	5:24	
30	Sat	12:39	3.6	12:54	3.1	6:44	0.5	6:54	0.3	7:07	5:25	
31	Sun	1:33	3.7	1:48	3.0	7:40	0.6	7:46	0.3	7:06	5:26	