

































Sand Shoal Inlet, VA - Mar 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:55	3.9	1:12	3.1	7:08	0.6	7:12	0.3	6:33	5:57	
2	Tue	1:56	4.0	2:15	3.1	8:09	0.6	8:12	0.2	6:32	5:58	
3	Wed	3:00	4.2	3:20	3.2	9:11	0.5	9:15	0.0	6:30	5:59	
4	Thu	4:03	4.4	4:22	3.6	10:11	0.2	10:18	-0.2	6:29	5:59	
5	Fri	5:00	4.7	5:19	3.9	11:08	-0.1	11:18	-0.5	6:28	6:00	
6	Sat	5:55	4.9	6:14	4.4			12:01	-0.4	6:26	6:01	
7	Sun	6:46	5.0	7:06	4.8	12:15	-0.8	12:50	-0.6	6:25	6:02	
8	Mon	7:37	5.1	7:58	5.0	1:09	-1.0	1:37	-0.8	6:23	6:03	
9	Tue	8:26	4.9	8:49	5.2	2:02	-1.1	2:23	-0.9	6:22	6:04	
10	Wed	9:15	4.7	9:40	5.2	2:54	-1.0	3:10	-0.9	6:20	6:05	
11	Thu	10:04	4.3	10:31	5.0	3:47	-0.8	3:59	-0.7	6:19	6:06	
12	Fri	10:53	3.9	11:23	4.7	4:42	-0.5	4:50	-0.5	6:18	6:07	
13	Sat	11:45	3.5			5:40	-0.2	5:44	-0.3	6:16	6:08	
14	Sun	12:19	4.4	12:40	3.2	6:40	0.1	6:42	0.0	6:15	6:09	
15	Mon	1:21	4.0	1:43	3.0	7:44	0.3	7:44	0.2	6:13	6:10	
16	Tue	2:30	3.8	2:51	2.9	8:50	0.5	8:47	0.2	6:12	6:11	
17	Wed	3:39	3.7	3:56	3.0	9:54	0.5	9:50	0.2	6:10	6:12	
18	Thu	4:37	3.8	4:49	3.2	10:48	0.5	10:46	0.2	6:09	6:13	
19	Fri	5:24	3.8	5:34	3.5	11:31	0.4	11:35	0.1	6:07	6:14	
20	Sat	6:04	3.9	6:14	3.7			12:07	0.3	6:06	6:14	
21	Sun	6:42	4.0	6:53	4.0	12:17	0.0	12:40	0.2	6:04	6:15	
22	Mon	7:19	4.0	7:32	4.2	12:56	-0.1	1:12	0.1	6:03	6:16	
23	Tue	7:56	4.0	8:10	4.4	1:34	-0.1	1:46	0.1	6:01	6:17	
24	Wed	8:33	4.0	8:48	4.5	2:11	-0.1	2:20	0.1	6:00	6:18	
25	Thu	9:10	3.9	9:27	4.5	2:50	0.0	2:55	0.1	5:58	6:19	
26	Fri	9:47	3.8	10:06	4.5	3:29	0.1	3:32	0.2	5:57	6:20	
27	Sat	10:26	3.6	10:48	4.4	4:11	0.2	4:12	0.3	5:55	6:21	
28	Sun	11:07	3.5	11:34	4.4	4:57	0.4	4:57	0.4	5:54	6:22	
29	Mon	11:54	3.4			5:48	0.5	5:48	0.4	5:52	6:23	
30	Tue	12:26	4.3	12:48	3.3	6:44	0.6	6:47	0.4	5:51	6:23	
31	Wed	1:26	4.3	1:51	3.4	7:43	0.5	7:49	0.3	5:49	6:24	