




























Sand Shoal Inlet, VA - May 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:07	4.3	4:41	4.3	10:13	0.1	10:42	0.0	6:07	7:52	
2	Sun	5:07	4.3	5:39	4.7	11:08	-0.1	11:46	-0.2	6:06	7:53	
3	Mon	6:03	4.3	6:34	5.1			12:01	-0.3	6:05	7:54	
4	Tue	6:57	4.3	7:26	5.4	12:45	-0.4	12:53	-0.5	6:04	7:55	
5	Wed	7:50	4.3	8:17	5.6	1:41	-0.5	1:43	-0.6	6:03	7:56	
6	Thu	8:41	4.2	9:08	5.6	2:33	-0.6	2:31	-0.6	6:02	7:57	
7	Fri	9:31	4.0	9:58	5.4	3:24	-0.6	3:20	-0.6	6:01	7:57	
8	Sat	10:20	3.9	10:47	5.2	4:13	-0.4	4:08	-0.4	6:00	7:58	
9	Sun	11:09	3.7	11:36	4.9	5:04	-0.2	4:58	-0.2	5:59	7:59	
10	Mon	11:59	3.6			5:55	0.0	5:50	0.1	5:58	8:00	
11	Tue	12:25	4.5	12:50	3.4	6:46	0.2	6:45	0.3	5:57	8:01	
12	Wed	1:16	4.2	1:44	3.3	7:38	0.4	7:42	0.5	5:56	8:02	
13	Thu	2:09	3.9	2:41	3.3	8:28	0.5	8:39	0.7	5:55	8:03	
14	Fri	3:05	3.7	3:39	3.5	9:16	0.6	9:37	0.7	5:54	8:04	
15	Sat	4:00	3.5	4:34	3.7	10:02	0.6	10:33	0.7	5:53	8:04	
16	Sun	4:52	3.5	5:22	4.0	10:46	0.6	11:27	0.6	5:53	8:05	
17	Mon	5:39	3.5	6:07	4.3	11:29	0.5			5:52	8:06	
18	Tue	6:24	3.6	6:49	4.5	12:15	0.5	12:12	0.4	5:51	8:07	
19	Wed	7:07	3.7	7:31	4.8	1:00	0.4	12:54	0.3	5:50	8:08	
20	Thu	7:50	3.7	8:13	5.0	1:43	0.3	1:35	0.2	5:50	8:09	
21	Fri	8:32	3.8	8:56	5.1	2:24	0.2	2:16	0.1	5:49	8:09	
22	Sat	9:16	3.8	9:39	5.2	3:06	0.1	2:58	0.1	5:48	8:10	
23	Sun	9:59	3.8	10:23	5.2	3:49	0.1	3:42	0.1	5:48	8:11	
24	Mon	10:45	3.8	11:08	5.1	4:34	0.1	4:28	0.1	5:47	8:12	
25	Tue	11:32	3.8	11:56	5.0	5:22	0.1	5:19	0.1	5:47	8:12	
26	Wed			12:22	3.8	6:12	0.1	6:14	0.2	5:46	8:13	
27	Thu	12:46	4.8	1:17	3.9	7:04	0.1	7:14	0.3	5:46	8:14	
28	Fri	1:41	4.5	2:17	4.0	7:57	0.1	8:18	0.3	5:45	8:15	
29	Sat	2:39	4.3	3:20	4.3	8:51	0.0	9:22	0.2	5:45	8:15	
30	Sun	3:41	4.1	4:22	4.6	9:45	-0.1	10:28	0.2	5:44	8:16	
31	Mon	4:42	4.0	5:21	4.9	10:40	-0.2	11:32	0.0	5:44	8:17	