

































## Sand Shoal Inlet, VA - Jul 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:17	3.5	6:55	5.1	12:22	0.1	12:10	-0.2	5:46	8:27	
2	Fri	7:11	3.5	7:46	5.1	1:17	0.0	1:03	-0.3	5:46	8:27	
3	Sat	8:01	3.6	8:33	5.1	2:06	-0.1	1:53	-0.3	5:47	8:27	
4	Sun	8:49	3.7	9:18	5.0	2:51	-0.1	2:39	-0.3	5:47	8:27	
5	Mon	9:35	3.7	10:02	4.9	3:33	-0.1	3:24	-0.2	5:48	8:27	
6	Tue	10:20	3.8	10:43	4.7	4:13	0.0	4:09	0.0	5:48	8:26	
7	Wed	11:04	3.8	11:24	4.4	4:53	0.1	4:53	0.1	5:49	8:26	
8	Thu	11:47	3.8			5:32	0.2	5:39	0.4	5:50	8:26	
9	Fri	12:05	4.2	12:31	3.8	6:12	0.3	6:27	0.6	5:50	8:26	
10	Sat	12:47	3.9	1:18	3.8	6:53	0.5	7:18	0.7	5:51	8:25	
11	Sun	1:31	3.6	2:08	3.8	7:36	0.5	8:10	0.9	5:51	8:25	
12	Mon	2:20	3.4	3:01	3.9	8:20	0.6	9:05	0.9	5:52	8:24	
13	Tue	3:13	3.3	3:56	4.1	9:08	0.6	10:01	0.9	5:53	8:24	
14	Wed	4:09	3.3	4:51	4.3	9:58	0.5	10:58	0.8	5:53	8:24	
15	Thu	5:04	3.3	5:42	4.6	10:51	0.4	11:53	0.7	5:54	8:23	
16	Fri	5:56	3.5	6:32	4.9	11:44	0.3			5:55	8:23	
17	Sat	6:46	3.7	7:20	5.2	12:44	0.5	12:36	0.0	5:56	8:22	
18	Sun	7:36	3.9	8:08	5.4	1:33	0.2	1:26	-0.2	5:56	8:21	
19	Mon	8:26	4.1	8:56	5.5	2:19	0.0	2:16	-0.3	5:57	8:21	
20	Tue	9:15	4.4	9:43	5.5	3:04	-0.2	3:06	-0.4	5:58	8:20	
21	Wed	10:05	4.6	10:30	5.4	3:50	-0.3	3:57	-0.4	5:59	8:19	
22	Thu	10:56	4.7	11:18	5.1	4:36	-0.4	4:50	-0.3	5:59	8:19	
23	Fri	11:47	4.8			5:24	-0.3	5:47	-0.2	6:00	8:18	
24	Sat	12:07	4.8	12:41	4.8	6:14	-0.3	6:47	0.0	6:01	8:17	
25	Sun	12:59	4.3	1:38	4.7	7:06	-0.2	7:49	0.2	6:02	8:17	
26	Mon	1:55	3.9	2:40	4.7	8:01	-0.1	8:55	0.4	6:02	8:16	
27	Tue	2:56	3.6	3:46	4.7	8:58	0.0	10:02	0.4	6:03	8:15	
28	Wed	4:01	3.4	4:51	4.7	9:57	0.0	11:09	0.4	6:04	8:14	
29	Thu	5:05	3.3	5:51	4.7	10:57	0.0			6:05	8:13	
30	Fri	6:04	3.4	6:44	4.8	12:12	0.4	11:55 AM	0.0	6:06	8:12	
31	Sat	6:56	3.5	7:31	4.8	1:05	0.3	12:49	-0.1	6:07	8:11	