
































## Sand Shoal Inlet, VA - Nov 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:45	5.0	9:02	3.9	2:06	0.3	2:51	0.4	6:27	5:05	
2	Tue	9:26	5.0	9:43	3.8	2:45	0.4	3:33	0.5	6:28	5:04	
3	Wed	10:08	4.9	10:25	3.7	3:26	0.4	4:18	0.6	6:30	5:03	
4	Thu	10:53	4.8	11:12	3.6	4:10	0.5	5:07	0.7	6:31	5:02	
5	Fri	11:41	4.7			5:01	0.6	5:59	0.7	6:32	5:01	
6	Sat	12:05	3.6	12:34	4.6	5:59	0.6	6:54	0.6	6:33	5:00	
7	Sun	1:04	3.7	1:33	4.5	7:01	0.6	7:49	0.5	6:34	4:59	
8	Mon	2:08	4.0	2:35	4.5	8:05	0.5	8:43	0.3	6:35	4:58	
9	Tue	3:11	4.3	3:35	4.5	9:10	0.3	9:38	0.1	6:36	4:57	
10	Wed	4:10	4.8	4:32	4.5	10:13	0.1	10:31	-0.2	6:37	4:56	
11	Thu	5:05	5.2	5:26	4.5	11:14	-0.1	11:23	-0.4	6:38	4:56	
12	Fri	5:59	5.6	6:19	4.4			12:11	-0.3	6:39	4:55	
13	Sat	6:51	5.8	7:11	4.4	12:14	-0.6	1:05	-0.5	6:40	4:54	
14	Sun	7:42	5.9	8:02	4.3	1:04	-0.7	1:57	-0.5	6:41	4:53	
15	Mon	8:34	5.8	8:53	4.1	1:54	-0.7	2:48	-0.4	6:42	4:52	
16	Tue	9:24	5.6	9:44	3.9	2:43	-0.5	3:40	-0.2	6:43	4:52	
17	Wed	10:15	5.2	10:35	3.7	3:34	-0.3	4:32	0.0	6:44	4:51	
18	Thu	11:05	4.9	11:28	3.6	4:27	-0.1	5:26	0.2	6:45	4:51	
19	Fri	11:57	4.5			5:23	0.2	6:20	0.3	6:46	4:50	
20	Sat	12:23	3.4	12:50	4.1	6:21	0.4	7:12	0.5	6:47	4:49	
21	Sun	1:22	3.4	1:46	3.8	7:20	0.6	8:02	0.5	6:48	4:49	
22	Mon	2:23	3.5	2:42	3.6	8:20	0.7	8:50	0.5	6:49	4:48	
23	Tue	3:20	3.6	3:35	3.5	9:19	0.7	9:34	0.5	6:50	4:48	
24	Wed	4:11	3.9	4:23	3.5	10:13	0.7	10:17	0.4	6:51	4:47	
25	Thu	4:55	4.1	5:08	3.5	11:03	0.6	10:59	0.3	6:52	4:47	
26	Fri	5:37	4.4	5:51	3.6	11:48	0.5	11:40	0.2	6:53	4:47	
27	Sat	6:19	4.6	6:32	3.7			12:29	0.4	6:54	4:46	
28	Sun	7:00	4.8	7:14	3.7	12:21	0.1	1:10	0.3	6:55	4:46	
29	Mon	7:41	4.9	7:56	3.7	1:01	0.1	1:50	0.2	6:56	4:46	
30	Tue	8:23	5.0	8:38	3.7	1:41	0.0	2:31	0.2	6:57	4:46	