

































Sand Shoal Inlet, VA - Dec 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:18	4.0	3:34	3.7	9:17	0.3	9:36	0.0	6:58	4:45	
2	Sat	4:16	4.1	4:29	3.6	10:20	0.3	10:26	0.0	6:59	4:45	
3	Sun	5:06	4.3	5:17	3.5	11:17	0.2	11:12	-0.1	7:00	4:45	
4	Mon	5:50	4.5	6:01	3.5			12:05	0.1	7:00	4:45	
5	Tue	6:31	4.6	6:43	3.5			12:47	0.1	7:01	4:45	
6	Wed	7:11	4.7	7:24	3.5	12:35	-0.1	1:26	0.1	7:02	4:45	
7	Thu	7:51	4.7	8:05	3.5	1:14	-0.1	2:03	0.1	7:03	4:45	
8	Fri	8:31	4.7	8:46	3.5	1:52	-0.1	2:41	0.1	7:04	4:45	
9	Sat	9:12	4.6	9:27	3.5	2:31	0.0	3:19	0.2	7:05	4:45	
10	Sun	9:52	4.5	10:09	3.5	3:11	0.1	3:59	0.3	7:06	4:45	
11	Mon	10:32	4.4	10:52	3.4	3:53	0.2	4:40	0.4	7:06	4:45	
12	Tue	11:13	4.2	11:37	3.4	4:37	0.4	5:23	0.4	7:07	4:45	
13	Wed	11:57	4.1			5:26	0.5	6:08	0.4	7:08	4:46	
14	Thu	12:26	3.5	12:44	3.9	6:19	0.6	6:55	0.4	7:09	4:46	
15	Fri	1:19	3.6	1:36	3.8	7:15	0.6	7:44	0.3	7:09	4:46	
16	Sat	2:16	3.8	2:33	3.7	8:14	0.5	8:35	0.2	7:10	4:46	
17	Sun	3:13	4.2	3:30	3.7	9:15	0.4	9:28	0.0	7:11	4:47	
18	Mon	4:10	4.6	4:26	3.8	10:15	0.2	10:22	-0.3	7:11	4:47	
19	Tue	5:04	5.0	5:21	3.9	11:14	-0.1	11:17	-0.5	7:12	4:48	
20	Wed	5:58	5.3	6:15	4.0			12:10	-0.3	7:12	4:48	
21	Thu	6:51	5.6	7:09	4.1	12:11	-0.8	1:04	-0.6	7:13	4:48	
22	Fri	7:43	5.7	8:03	4.2	1:03	-1.0	1:56	-0.7	7:13	4:49	
23	Sat	8:36	5.7	8:56	4.2	1:56	-1.0	2:47	-0.7	7:14	4:49	
24	Sun	9:28	5.5	9:50	4.2	2:49	-1.0	3:39	-0.7	7:14	4:50	
25	Mon	10:20	5.2	10:45	4.1	3:44	-0.8	4:32	-0.6	7:15	4:51	
26	Tue	11:12	4.8	11:41	3.9	4:41	-0.6	5:25	-0.5	7:15	4:51	
27	Wed			12:05	4.3	5:41	-0.3	6:19	-0.4	7:15	4:52	
28	Thu	12:39	3.8	1:00	3.8	6:43	-0.1	7:13	-0.2	7:16	4:52	
29	Fri	1:41	3.7	1:59	3.4	7:47	0.1	8:07	-0.1	7:16	4:53	
30	Sat	2:45	3.7	2:59	3.2	8:52	0.3	9:00	0.0	7:16	4:54	
31	Sun	3:47	3.8	3:56	3.0	9:56	0.3	9:55	0.0	7:16	4:55	