

































Sand Shoal Inlet, VA - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:41	3.9	4:48	3.1	10:54	0.3	10:43	-0.1	7:17	4:55	
2	Tue	5:27	4.1	5:34	3.1	11:44	0.2	11:29	-0.1	7:17	4:56	
3	Wed	6:09	4.2	6:17	3.2			12:26	0.1	7:17	4:57	
4	Thu	6:50	4.3	6:59	3.3	12:11	-0.2	1:04	0.1	7:17	4:58	
5	Fri	7:30	4.4	7:41	3.4	12:51	-0.2	1:40	0.0	7:17	4:59	
6	Sat	8:10	4.5	8:22	3.4	1:30	-0.2	2:16	0.0	7:17	5:00	
7	Sun	8:49	4.5	9:03	3.5	2:09	-0.2	2:53	0.0	7:17	5:00	
8	Mon	9:28	4.4	9:44	3.5	2:49	-0.2	3:30	0.1	7:17	5:01	
9	Tue	10:06	4.3	10:24	3.5	3:29	0.0	4:09	0.1	7:17	5:02	
10	Wed	10:45	4.2	11:07	3.6	4:12	0.1	4:50	0.1	7:17	5:03	
11	Thu	11:26	4.0	11:52	3.6	4:58	0.2	5:33	0.2	7:17	5:04	
12	Fri			12:10	3.8	5:49	0.3	6:19	0.1	7:16	5:05	
13	Sat	12:43	3.7	1:01	3.6	6:45	0.3	7:09	0.1	7:16	5:06	
14	Sun	1:40	3.9	1:58	3.5	7:45	0.3	8:02	0.0	7:16	5:07	
15	Mon	2:41	4.1	2:59	3.5	8:48	0.2	8:59	-0.2	7:16	5:08	
16	Tue	3:43	4.4	4:01	3.5	9:51	0.1	9:58	-0.4	7:15	5:09	
17	Wed	4:42	4.8	5:00	3.7	10:54	-0.2	10:57	-0.7	7:15	5:10	
18	Thu	5:39	5.1	5:57	3.8	11:53	-0.4	11:54	-0.9	7:15	5:11	
19	Fri	6:35	5.3	6:53	4.0			12:47	-0.7	7:14	5:12	
20	Sat	7:28	5.4	7:47	4.2	12:50	-1.1	1:39	-0.8	7:14	5:13	
21	Sun	8:20	5.4	8:41	4.3	1:43	-1.2	2:29	-0.9	7:13	5:14	
22	Mon	9:11	5.2	9:33	4.3	2:36	-1.2	3:18	-0.9	7:13	5:15	
23	Tue	10:00	4.9	10:24	4.2	3:29	-1.0	4:07	-0.8	7:12	5:17	
24	Wed	10:49	4.5	11:16	4.1	4:23	-0.8	4:57	-0.7	7:12	5:18	
25	Thu	11:38	4.0			5:19	-0.5	5:48	-0.5	7:11	5:19	
26	Fri	12:09	3.9	12:29	3.6	6:16	-0.2	6:39	-0.3	7:10	5:20	
27	Sat	1:06	3.7	1:22	3.2	7:16	0.1	7:31	-0.1	7:10	5:21	
28	Sun	2:06	3.6	2:20	2.9	8:17	0.3	8:24	0.0	7:09	5:22	
29	Mon	3:08	3.6	3:20	2.8	9:20	0.4	9:17	0.1	7:08	5:23	
30	Tue	4:07	3.6	4:15	2.8	10:21	0.4	10:10	0.1	7:08	5:24	
31	Wed	4:58	3.8	5:05	2.9	11:14	0.4	11:00	0.0	7:07	5:25	