

































Sand Shoal Inlet, VA - May 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:05	4.2	7:28	4.9	12:47	0.1	12:57	0.0	6:07	7:52	
2	Thu	7:50	4.3	8:13	5.2	1:34	-0.1	1:41	-0.1	6:06	7:53	
3	Fri	8:36	4.4	8:59	5.4	2:21	-0.2	2:26	-0.3	6:05	7:54	
4	Sat	9:23	4.3	9:46	5.5	3:08	-0.3	3:11	-0.3	6:04	7:55	
5	Sun	10:11	4.3	10:35	5.5	3:57	-0.4	3:59	-0.3	6:03	7:56	
6	Mon	11:00	4.2	11:26	5.4	4:47	-0.3	4:49	-0.3	6:02	7:57	
7	Tue	11:52	4.0			5:41	-0.2	5:44	-0.1	6:01	7:58	
8	Wed	12:19	5.1	12:48	3.9	6:38	-0.1	6:44	0.0	6:00	7:59	
9	Thu	1:16	4.9	1:49	3.8	7:36	0.0	7:47	0.1	5:59	7:59	
10	Fri	2:17	4.6	2:54	3.9	8:35	0.0	8:53	0.2	5:58	8:00	
11	Sat	3:21	4.3	4:00	4.0	9:33	0.0	9:59	0.1	5:57	8:01	
12	Sun	4:25	4.1	5:02	4.2	10:30	0.0	11:04	0.1	5:56	8:02	
13	Mon	5:24	4.0	5:57	4.5	11:24	-0.1			5:55	8:03	
14	Tue	6:17	4.0	6:46	4.7	12:05	0.0	12:14	-0.2	5:54	8:04	
15	Wed	7:05	3.9	7:32	4.8	12:59	-0.1	1:01	-0.2	5:53	8:05	
16	Thu	7:51	3.9	8:16	4.9	1:47	-0.2	1:44	-0.2	5:52	8:05	
17	Fri	8:35	3.8	8:58	4.9	2:31	-0.2	2:25	-0.2	5:52	8:06	
18	Sat	9:18	3.7	9:40	4.9	3:13	-0.1	3:06	-0.1	5:51	8:07	
19	Sun	10:01	3.7	10:22	4.8	3:54	0.0	3:46	0.0	5:50	8:08	
20	Mon	10:43	3.6	11:04	4.6	4:34	0.1	4:28	0.2	5:50	8:09	
21	Tue	11:26	3.5	11:47	4.4	5:17	0.3	5:11	0.4	5:49	8:10	
22	Wed			12:11	3.5	6:00	0.4	5:58	0.5	5:48	8:10	
23	Thu	12:31	4.2	12:57	3.4	6:45	0.5	6:47	0.7	5:48	8:11	
24	Fri	1:18	4.0	1:47	3.4	7:31	0.6	7:39	0.8	5:47	8:12	
25	Sat	2:07	3.9	2:41	3.5	8:18	0.6	8:34	0.8	5:46	8:13	
26	Sun	3:00	3.8	3:36	3.7	9:05	0.6	9:30	0.8	5:46	8:13	
27	Mon	3:54	3.8	4:30	4.0	9:53	0.5	10:26	0.6	5:45	8:14	
28	Tue	4:48	3.8	5:21	4.4	10:42	0.4	11:22	0.5	5:45	8:15	
29	Wed	5:39	3.9	6:10	4.8	11:32	0.2			5:44	8:16	
30	Thu	6:29	4.1	6:58	5.2	12:16	0.2	12:21	0.0	5:44	8:16	
31	Fri	7:18	4.2	7:47	5.5	1:09	0.0	1:10	-0.3	5:44	8:17	