



## Sand Shoal Inlet, VA - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:39	4.3	9:10	5.9	2:31	-0.4	2:31	-0.7	5:46	8:27	☉
2	Tue	9:33	4.4	10:02	5.8	3:22	-0.6	3:24	-0.7	5:46	8:27	☉
3	Wed	10:27	4.5	10:54	5.6	4:13	-0.6	4:19	-0.6	5:47	8:27	☉
4	Thu	11:21	4.5	11:46	5.2	5:05	-0.6	5:15	-0.5	5:47	8:27	☾
5	Fri			12:16	4.4	5:58	-0.5	6:14	-0.2	5:48	8:27	☾
6	Sat	12:38	4.8	1:13	4.3	6:51	-0.3	7:15	0.0	5:49	8:26	☾
7	Sun	1:32	4.3	2:13	4.3	7:45	-0.2	8:19	0.2	5:49	8:26	☾
8	Mon	2:30	3.9	3:15	4.2	8:39	-0.1	9:23	0.4	5:50	8:26	☾
9	Tue	3:30	3.6	4:18	4.3	9:33	0.0	10:28	0.4	5:50	8:25	☾
10	Wed	4:30	3.4	5:15	4.3	10:26	0.1	11:30	0.4	5:51	8:25	☾
11	Thu	5:26	3.3	6:05	4.4	11:18	0.2			5:52	8:25	☾
12	Fri	6:16	3.3	6:50	4.5	12:25	0.4	12:07	0.1	5:52	8:24	☾
13	Sat	7:01	3.4	7:32	4.6	1:12	0.4	12:53	0.1	5:53	8:24	☾
14	Sun	7:45	3.5	8:13	4.7	1:51	0.3	1:36	0.1	5:54	8:23	☾
15	Mon	8:27	3.6	8:53	4.8	2:28	0.3	2:16	0.1	5:54	8:23	☾
16	Tue	9:09	3.7	9:33	4.8	3:04	0.2	2:56	0.1	5:55	8:22	☾
17	Wed	9:50	3.8	10:12	4.7	3:40	0.2	3:36	0.2	5:56	8:22	☾
18	Thu	10:31	3.9	10:51	4.6	4:16	0.3	4:16	0.3	5:56	8:21	☾
19	Fri	11:12	3.9	11:29	4.4	4:54	0.3	4:58	0.4	5:57	8:21	☾
20	Sat	11:53	4.0			5:32	0.4	5:43	0.5	5:58	8:20	☾
21	Sun	12:09	4.3	12:37	4.0	6:13	0.4	6:32	0.7	5:59	8:19	☾
22	Mon	12:51	4.1	1:24	4.1	6:56	0.5	7:24	0.7	6:00	8:19	☾
23	Tue	1:38	3.9	2:16	4.2	7:43	0.4	8:21	0.7	6:00	8:18	☾
24	Wed	2:31	3.8	3:14	4.4	8:34	0.4	9:21	0.7	6:01	8:17	☾
25	Thu	3:30	3.7	4:14	4.7	9:29	0.3	10:22	0.6	6:02	8:16	☾
26	Fri	4:31	3.8	5:13	5.0	10:26	0.1	11:24	0.3	6:03	8:16	☾
27	Sat	5:31	3.9	6:10	5.3	11:25	-0.1			6:03	8:15	☉
28	Sun	6:29	4.1	7:05	5.6	12:23	0.1	12:24	-0.4	6:04	8:14	☉
29	Mon	7:24	4.4	7:58	5.8	1:18	-0.2	1:20	-0.6	6:05	8:13	☉
30	Tue	8:19	4.6	8:51	5.8	2:11	-0.4	2:15	-0.7	6:06	8:12	☉
31	Wed	9:14	4.7	9:43	5.7	3:01	-0.6	3:09	-0.8	6:07	8:11	☉