US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Sep 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**11:26**	5.1	**11:46**	4.5	**4:58**	-0.3	**5:32**	-0.1	6:34	7:31	
2	Mon			**12:16**	4.9	**5:47**	-0.1	**6:28**	0.2	6:34	7:30	
3	Tue	**12:35**	4.1	**1:08**	4.6	**6:37**	0.2	**7:25**	0.5	6:35	7:28	
4	Wed	**1:27**	3.7	**2:05**	4.4	**7:30**	0.4	**8:25**	0.7	6:36	7:27	
5	Thu	**2:24**	3.4	**3:06**	4.2	**8:25**	0.6	**9:27**	0.9	6:37	7:25	
6	Fri	**3:25**	3.3	**4:09**	4.2	**9:22**	0.7	**10:27**	0.9	6:38	7:24	
7	Sat	**4:27**	3.3	**5:06**	4.2	**10:18**	0.7	**11:21**	0.9	6:38	7:22	
8	Sun	**5:21**	3.5	**5:55**	4.4	**11:12**	0.7			6:39	7:21	
9	Mon	**6:09**	3.7	**6:38**	4.5	**12:07**	0.8	**12:01**	0.6	6:40	7:19	
10	Tue	**6:52**	4.0	**7:18**	4.7	**12:46**	0.7	**12:46**	0.4	6:41	7:18	
11	Wed	**7:33**	4.2	**7:57**	4.8	**1:22**	0.5	**1:28**	0.3	6:42	7:16	
12	Thu	**8:13**	4.5	**8:35**	4.8	**1:57**	0.4	**2:08**	0.3	6:43	7:15	
13	Fri	**8:53**	4.7	**9:14**	4.8	**2:32**	0.3	**2:48**	0.2	6:43	7:13	
14	Sat	**9:33**	4.8	**9:53**	4.7	**3:08**	0.3	**3:29**	0.3	6:44	7:12	
15	Sun	**10:13**	4.9	**10:32**	4.6	**3:45**	0.3	**4:11**	0.3	6:45	7:10	
16	Mon	**10:54**	5.0	**11:12**	4.4	**4:23**	0.3	**4:55**	0.4	6:46	7:09	
17	Tue	**11:38**	5.0	**11:56**	4.2	**5:05**	0.4	**5:44**	0.5	6:47	7:07	
18	Wed			**12:26**	4.9	**5:52**	0.5	**6:38**	0.7	6:48	7:06	
19	Thu	**12:45**	4.0	**1:19**	4.9	**6:44**	0.5	**7:37**	0.7	6:48	7:04	
20	Fri	**1:41**	3.9	**2:20**	4.9	**7:42**	0.5	**8:38**	0.7	6:49	7:03	
21	Sat	**2:45**	3.8	**3:26**	4.9	**8:44**	0.5	**9:41**	0.6	6:50	7:01	
22	Sun	**3:53**	3.9	**4:31**	5.0	**9:49**	0.3	**10:43**	0.4	6:51	6:59	
23	Mon	**4:57**	4.2	**5:32**	5.1	**10:53**	0.1	**11:41**	0.2	6:52	6:58	
24	Tue	**5:57**	4.5	**6:27**	5.3	**11:55**	-0.1			6:53	6:56	
25	Wed	**6:52**	4.9	**7:20**	5.3	**12:35**	-0.1	**12:54**	-0.3	6:53	6:55	
26	Thu	**7:44**	5.2	**8:10**	5.2	**1:24**	-0.3	**1:48**	-0.5	6:54	6:53	
27	Fri	**8:34**	5.4	**8:58**	5.1	**2:11**	-0.4	**2:39**	-0.5	6:55	6:52	
28	Sat	**9:23**	5.5	**9:45**	4.9	**2:57**	-0.4	**3:29**	-0.4	6:56	6:50	
29	Sun	**10:10**	5.4	**10:32**	4.6	**3:41**	-0.4	**4:18**	-0.2	6:57	6:49	
30	Mon	**10:58**	5.2	**11:18**	4.2	**4:26**	-0.2	**5:08**	0.0	6:58	6:47	