US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Dec 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:02	4.1	5:30	0.5	6:17	0.6	6:58	4:45	
2	Mon	12:29	3.3	12:51	3.9	6:22	0.7	7:04	0.6	6:59	4:45	
3	Tue	1:23	3.4	1:43	3.7	7:16	0.8	7:51	0.6	7:00	4:45	
4	Wed	2:19	3.5	2:36	3.6	8:12	0.8	8:38	0.5	7:01	4:45	
5	Thu	3:14	3.8	3:29	3.7	9:08	0.7	9:26	0.4	7:02	4:45	
6	Fri	4:06	4.1	4:20	3.7	10:03	0.6	10:14	0.2	7:03	4:45	
7	Sat	4:54	4.5	5:09	3.8	10:57	0.4	11:02	0.0	7:04	4:45	
8	Sun	5:41	4.8	5:57	4.0	11:48	0.1	11:50	-0.2	7:05	4:45	
9	Mon	6:28	5.2	6:45	4.0			12:38	-0.1	7:05	4:45	
10	Tue	7:16	5.4	7:34	4.1	12:37	-0.4	1:26	-0.3	7:06	4:45	
11	Wed	8:04	5.5	8:23	4.2	1:25	-0.6	2:15	-0.4	7:07	4:45	
12	Thu	8:54	5.6	9:14	4.1	2:14	-0.7	3:04	-0.4	7:08	4:46	
13	Fri	9:44	5.5	10:07	4.1	3:05	-0.6	3:55	-0.4	7:08	4:46	
14	Sat	10:35	5.2	11:01	4.0	3:59	-0.5	4:49	-0.4	7:09	4:46	
15	Sun	11:28	4.9	11:58	4.0	4:56	-0.4	5:44	-0.3	7:10	4:46	
16	Mon			12:24	4.5	5:57	-0.2	6:40	-0.3	7:10	4:47	
17	Tue	1:00	3.9	1:23	4.1	7:02	0.0	7:36	-0.2	7:11	4:47	
18	Wed	2:05	4.0	2:25	3.8	8:07	0.1	8:32	-0.2	7:12	4:47	
19	Thu	3:10	4.1	3:27	3.6	9:14	0.1	9:28	-0.2	7:12	4:48	
20	Fri	4:11	4.2	4:25	3.4	10:19	0.1	10:22	-0.3	7:13	4:48	
21	Sat	5:06	4.4	5:18	3.4	11:19	0.0	11:13	-0.3	7:13	4:49	
22	Sun	5:54	4.5	6:06	3.4			12:11	-0.1	7:14	4:49	
23	Mon	6:39	4.6	6:51	3.4	12:00	-0.4	12:56	-0.1	7:14	4:50	
24	Tue	7:22	4.6	7:34	3.4	12:44	-0.4	1:37	-0.2	7:15	4:50	
25	Wed	8:03	4.6	8:17	3.4	1:26	-0.4	2:16	-0.1	7:15	4:51	
26	Thu	8:44	4.6	8:59	3.4	2:06	-0.3	2:54	-0.1	7:15	4:52	
27	Fri	9:24	4.5	9:41	3.4	2:46	-0.2	3:32	0.0	7:16	4:52	
28	Sat	10:05	4.3	10:23	3.4	3:27	-0.1	4:12	0.1	7:16	4:53	
29	Sun	10:45	4.2	11:06	3.4	4:10	0.1	4:52	0.2	7:16	4:54	
30	Mon	11:26	3.9	11:51	3.4	4:55	0.3	5:34	0.3	7:16	4:54	
31	Tue			12:09	3.7	5:43	0.4	6:18	0.3	7:17	4:55	