US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:42	3.4	12:59	3.5	6:37	0.5	7:06	0.4	7:17	4:56	
2	Thu	1:35	3.5	1:51	3.4	7:32	0.6	7:54	0.3	7:17	4:57	
3	Fri	2:31	3.7	2:46	3.4	8:29	0.6	8:45	0.2	7:17	4:58	
4	Sat	3:27	3.9	3:42	3.4	9:28	0.4	9:37	0.0	7:17	4:58	
5	Sun	4:21	4.3	4:37	3.5	10:26	0.2	10:31	-0.2	7:17	4:59	
6	Mon	5:14	4.7	5:30	3.7	11:23	0.0	11:24	-0.5	7:17	5:00	
7	Tue	6:05	5.0	6:22	3.9			12:16	-0.3	7:17	5:01	
8	Wed	6:56	5.3	7:14	4.0	12:16	-0.7	1:07	-0.5	7:17	5:02	
9	Thu	7:47	5.5	8:06	4.1	1:08	-0.9	1:57	-0.7	7:17	5:03	
10	Fri	8:38	5.5	8:59	4.2	1:59	-1.0	2:47	-0.8	7:17	5:04	
11	Sat	9:29	5.4	9:51	4.2	2:51	-1.0	3:37	-0.8	7:17	5:05	
12	Sun	10:19	5.1	10:45	4.2	3:45	-0.9	4:29	-0.8	7:16	5:06	
13	Mon	11:10	4.7	11:40	4.1	4:42	-0.7	5:21	-0.7	7:16	5:07	
14	Tue			12:03	4.3	5:41	-0.5	6:16	-0.5	7:16	5:08	
15	Wed	12:38	4.0	12:59	3.8	6:44	-0.2	7:11	-0.4	7:15	5:09	
16	Thu	1:41	3.9	1:59	3.4	7:48	0.0	8:07	-0.3	7:15	5:10	
17	Fri	2:47	3.9	3:02	3.2	8:55	0.1	9:03	-0.2	7:15	5:11	
18	Sat	3:51	3.9	4:03	3.0	10:01	0.1	9:59	-0.2	7:14	5:12	
19	Sun	4:48	4.0	4:57	3.0	11:03	0.1	10:53	-0.2	7:14	5:13	
20	Mon	5:38	4.1	5:46	3.1	11:55	0.0	11:41	-0.3	7:13	5:14	
21	Tue	6:22	4.2	6:30	3.2			12:39	0.0	7:13	5:15	
22	Wed	7:03	4.3	7:12	3.3	12:25	-0.3	1:17	-0.1	7:12	5:16	
23	Thu	7:43	4.3	7:54	3.4	1:06	-0.4	1:52	-0.1	7:12	5:17	
24	Fri	8:22	4.4	8:34	3.5	1:46	-0.4	2:28	-0.1	7:11	5:18	
25	Sat	9:01	4.3	9:15	3.5	2:24	-0.3	3:03	-0.1	7:11	5:20	
26	Sun	9:39	4.2	9:55	3.6	3:04	-0.2	3:40	0.0	7:10	5:21	
27	Mon	10:17	4.1	10:35	3.6	3:44	-0.1	4:17	0.1	7:09	5:22	
28	Tue	10:55	3.9	11:17	3.6	4:26	0.1	4:56	0.1	7:09	5:23	
29	Wed	11:35	3.7			5:12	0.2	5:38	0.2	7:08	5:24	
30	Thu	12:02	3.6	12:19	3.5	6:01	0.4	6:23	0.2	7:07	5:25	
31	Fri	12:52	3.6	1:09	3.3	6:55	0.4	7:12	0.2	7:06	5:26	