






























Sand Shoal Inlet, VA - Feb 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:48	3.8	2:05	3.3	7:53	0.5	8:06	0.1	7:05	5:27	
2	Sun	2:48	4.0	3:06	3.3	8:54	0.4	9:03	0.0	7:04	5:28	
3	Mon	3:49	4.3	4:07	3.4	9:56	0.2	10:02	-0.3	7:04	5:29	
4	Tue	4:47	4.6	5:04	3.6	10:57	0.0	11:00	-0.5	7:03	5:30	
5	Wed	5:42	4.9	6:00	3.9	11:53	-0.3	11:57	-0.8	7:02	5:32	
6	Thu	6:36	5.2	6:54	4.1			12:46	-0.6	7:01	5:33	
7	Fri	7:28	5.4	7:47	4.4	12:51	-1.1	1:36	-0.8	7:00	5:34	
8	Sat	8:19	5.4	8:40	4.5	1:45	-1.2	2:25	-0.9	6:59	5:35	
9	Sun	9:10	5.2	9:32	4.6	2:37	-1.2	3:14	-1.0	6:58	5:36	
10	Mon	9:59	4.9	10:24	4.5	3:30	-1.1	4:03	-0.9	6:57	5:37	
11	Tue	10:49	4.5	11:17	4.4	4:25	-0.8	4:53	-0.7	6:56	5:38	
12	Wed	11:39	4.1			5:23	-0.6	5:46	-0.5	6:55	5:39	
13	Thu	12:12	4.2	12:33	3.6	6:22	-0.3	6:40	-0.3	6:53	5:40	
14	Fri	1:11	4.0	1:30	3.2	7:25	0.0	7:36	-0.2	6:52	5:41	
15	Sat	2:15	3.8	2:33	3.0	8:30	0.2	8:34	0.0	6:51	5:42	
16	Sun	3:21	3.7	3:37	2.9	9:36	0.3	9:33	0.0	6:50	5:43	
17	Mon	4:23	3.8	4:34	2.9	10:39	0.3	10:29	0.0	6:49	5:44	
18	Tue	5:15	3.9	5:23	3.1	11:31	0.3	11:20	-0.1	6:48	5:45	
19	Wed	6:00	4.0	6:07	3.2			12:13	0.2	6:46	5:47	
20	Thu	6:40	4.1	6:49	3.4	12:05	-0.2	12:49	0.1	6:45	5:48	
21	Fri	7:19	4.2	7:29	3.6	12:45	-0.2	1:23	0.0	6:44	5:49	
22	Sat	7:57	4.3	8:08	3.8	1:24	-0.3	1:56	0.0	6:43	5:50	
23	Sun	8:34	4.3	8:48	3.9	2:02	-0.3	2:31	-0.1	6:41	5:51	
24	Mon	9:11	4.2	9:27	4.0	2:41	-0.2	3:05	0.0	6:40	5:52	
25	Tue	9:48	4.1	10:05	4.0	3:20	-0.1	3:42	0.0	6:39	5:53	
26	Wed	10:26	3.9	10:45	4.0	4:01	0.0	4:20	0.1	6:37	5:54	
27	Thu	11:05	3.8	11:28	4.0	4:45	0.2	5:01	0.2	6:36	5:55	
28	Fri	11:47	3.6			5:33	0.3	5:47	0.2	6:35	5:56	