
































## Sand Shoal Inlet, VA - Apr 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:49	4.4	2:18	3.5	8:05	0.3	8:16	0.2	5:48	6:25	
2	Wed	2:55	4.4	3:24	3.8	9:07	0.2	9:21	0.0	5:46	6:26	
3	Thu	3:59	4.6	4:26	4.1	10:07	0.0	10:25	-0.3	5:45	6:27	
4	Fri	4:58	4.7	5:23	4.5	11:04	-0.3	11:26	-0.5	5:43	6:28	
5	Sat	5:53	4.8	6:17	4.8	11:57	-0.5			5:42	6:29	
6	Sun	7:46	4.9	8:09	5.1	12:23	-0.7	1:46	-0.7	6:40	7:30	
7	Mon	8:36	4.8	8:59	5.3	2:16	-0.9	2:34	-0.8	6:39	7:31	
8	Tue	9:26	4.6	9:49	5.3	3:07	-0.9	3:20	-0.7	6:37	7:31	
9	Wed	10:14	4.4	10:37	5.2	3:57	-0.8	4:06	-0.6	6:36	7:32	
10	Thu	11:01	4.1	11:25	4.9	4:48	-0.6	4:54	-0.4	6:34	7:33	
11	Fri	11:49	3.8			5:39	-0.3	5:43	-0.1	6:33	7:34	
12	Sat	12:14	4.6	12:38	3.5	6:32	0.0	6:35	0.1	6:32	7:35	
13	Sun	1:05	4.3	1:31	3.3	7:27	0.3	7:29	0.4	6:30	7:36	
14	Mon	2:00	4.0	2:28	3.1	8:23	0.5	8:26	0.5	6:29	7:37	
15	Tue	3:00	3.8	3:29	3.1	9:19	0.6	9:25	0.6	6:27	7:38	
16	Wed	4:01	3.7	4:28	3.3	10:12	0.6	10:22	0.6	6:26	7:39	
17	Thu	4:57	3.7	5:20	3.5	11:02	0.6	11:17	0.5	6:25	7:40	
18	Fri	5:46	3.8	6:06	3.8	11:46	0.5			6:23	7:40	
19	Sat	6:30	3.9	6:49	4.1	12:06	0.4	12:27	0.4	6:22	7:41	
20	Sun	7:11	4.0	7:30	4.4	12:51	0.2	1:05	0.3	6:21	7:42	
21	Mon	7:52	4.1	8:10	4.6	1:33	0.1	1:43	0.2	6:19	7:43	
22	Tue	8:32	4.2	8:51	4.8	2:14	0.0	2:21	0.1	6:18	7:44	
23	Wed	9:13	4.2	9:31	4.9	2:55	0.0	2:59	0.0	6:17	7:45	
24	Thu	9:54	4.1	10:13	5.0	3:36	-0.1	3:39	0.0	6:16	7:46	
25	Fri	10:36	4.0	10:56	5.0	4:20	0.0	4:21	0.1	6:14	7:47	
26	Sat	11:20	3.9	11:42	4.9	5:06	0.1	5:07	0.1	6:13	7:48	
27	Sun			12:07	3.8	5:56	0.1	5:58	0.2	6:12	7:49	
28	Mon	12:32	4.8	12:59	3.7	6:50	0.2	6:55	0.3	6:11	7:49	
29	Tue	1:27	4.7	1:58	3.7	7:47	0.2	7:56	0.3	6:10	7:50	
30	Wed	2:28	4.5	3:03	3.8	8:46	0.2	9:01	0.2	6:08	7:51	