

































Sand Shoal Inlet, VA - May 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:33	4.5	4:08	4.0	9:45	0.1	10:06	0.1	6:07	7:52	
2	Fri	4:36	4.4	5:09	4.3	10:43	-0.1	11:11	-0.1	6:06	7:53	
3	Sat	5:35	4.4	6:06	4.7	11:38	-0.2			6:05	7:54	
4	Sun	6:31	4.4	6:59	5.0	12:12	-0.3	12:31	-0.4	6:04	7:55	
5	Mon	7:23	4.4	7:50	5.2	1:09	-0.5	1:20	-0.5	6:03	7:56	
6	Tue	8:13	4.3	8:39	5.3	2:02	-0.6	2:08	-0.6	6:02	7:57	
7	Wed	9:02	4.2	9:27	5.3	2:52	-0.6	2:54	-0.6	6:01	7:57	
8	Thu	9:50	4.1	10:14	5.2	3:40	-0.5	3:39	-0.4	6:00	7:58	
9	Fri	10:37	3.9	11:00	4.9	4:28	-0.3	4:25	-0.2	5:59	7:59	
10	Sat	11:23	3.7	11:46	4.7	5:15	-0.1	5:13	0.0	5:58	8:00	
11	Sun			12:11	3.5	6:04	0.1	6:02	0.3	5:57	8:01	
12	Mon	12:34	4.4	1:00	3.4	6:54	0.3	6:54	0.5	5:56	8:02	
13	Tue	1:23	4.1	1:53	3.3	7:44	0.5	7:49	0.6	5:55	8:03	
14	Wed	2:16	3.8	2:49	3.3	8:34	0.6	8:44	0.7	5:54	8:04	
15	Thu	3:12	3.7	3:46	3.5	9:22	0.6	9:40	0.8	5:53	8:04	
16	Fri	4:07	3.7	4:40	3.7	10:09	0.6	10:35	0.7	5:53	8:05	
17	Sat	4:59	3.7	5:28	4.0	10:55	0.5	11:28	0.6	5:52	8:06	
18	Sun	5:47	3.8	6:13	4.3	11:39	0.4			5:51	8:07	
19	Mon	6:32	3.9	6:57	4.6	12:17	0.4	12:23	0.3	5:50	8:08	
20	Tue	7:16	3.9	7:39	4.9	1:03	0.3	1:05	0.1	5:50	8:09	
21	Wed	7:59	4.0	8:22	5.1	1:47	0.1	1:47	0.0	5:49	8:09	
22	Thu	8:43	4.1	9:06	5.3	2:31	0.0	2:30	-0.1	5:48	8:10	
23	Fri	9:28	4.1	9:51	5.3	3:16	-0.1	3:14	-0.1	5:48	8:11	
24	Sat	10:14	4.1	10:38	5.3	4:02	-0.1	4:00	-0.1	5:47	8:12	
25	Sun	11:02	4.0	11:26	5.2	4:50	-0.1	4:49	0.0	5:47	8:13	
26	Mon	11:52	4.0			5:41	0.0	5:43	0.0	5:46	8:13	
27	Tue	12:17	5.1	12:46	3.9	6:34	0.0	6:41	0.1	5:46	8:14	
28	Wed	1:11	4.8	1:45	3.9	7:30	0.0	7:43	0.2	5:45	8:15	
29	Thu	2:09	4.6	2:48	4.0	8:26	0.0	8:47	0.2	5:45	8:15	
30	Fri	3:11	4.3	3:52	4.2	9:22	-0.1	9:52	0.2	5:44	8:16	
31	Sat	4:13	4.2	4:53	4.5	10:18	-0.1	10:57	0.1	5:44	8:17	