
































Sand Shoal Inlet, VA - Jun 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:13	4.0	5:50	4.8	11:13	-0.2			5:43	8:17	
2	Mon	6:09	4.0	6:42	5.0	12:00	-0.1	12:06	-0.3	5:43	8:18	
3	Tue	7:01	3.9	7:32	5.1	12:57	-0.2	12:56	-0.4	5:43	8:19	
4	Wed	7:51	3.9	8:19	5.2	1:49	-0.3	1:44	-0.4	5:43	8:19	
5	Thu	8:39	3.8	9:06	5.1	2:36	-0.3	2:30	-0.4	5:42	8:20	
6	Fri	9:26	3.8	9:51	5.0	3:22	-0.3	3:14	-0.3	5:42	8:21	
7	Sat	10:12	3.7	10:35	4.9	4:06	-0.2	3:59	-0.1	5:42	8:21	
8	Sun	10:57	3.6	11:19	4.6	4:50	0.0	4:44	0.1	5:42	8:22	
9	Mon	11:42	3.6			5:34	0.1	5:30	0.3	5:42	8:22	
10	Tue	12:03	4.4	12:28	3.5	6:18	0.3	6:19	0.5	5:42	8:23	
11	Wed	12:48	4.1	1:16	3.5	7:03	0.4	7:10	0.6	5:41	8:23	
12	Thu	1:35	3.9	2:08	3.5	7:48	0.5	8:03	0.8	5:41	8:24	
13	Fri	2:25	3.7	3:02	3.6	8:34	0.6	8:57	0.8	5:41	8:24	
14	Sat	3:18	3.6	3:56	3.8	9:20	0.6	9:52	0.8	5:41	8:24	
15	Sun	4:11	3.6	4:48	4.1	10:06	0.5	10:47	0.7	5:41	8:25	
16	Mon	5:02	3.6	5:36	4.4	10:54	0.4	11:40	0.6	5:42	8:25	
17	Tue	5:52	3.7	6:23	4.7	11:42	0.3			5:42	8:25	
18	Wed	6:40	3.8	7:09	5.0	12:31	0.4	12:30	0.1	5:42	8:26	
19	Thu	7:28	3.9	7:56	5.3	1:20	0.2	1:17	-0.1	5:42	8:26	
20	Fri	8:16	4.0	8:43	5.5	2:08	0.0	2:04	-0.2	5:42	8:26	
21	Sat	9:04	4.1	9:31	5.6	2:55	-0.2	2:52	-0.3	5:42	8:27	
22	Sun	9:54	4.2	10:20	5.6	3:42	-0.3	3:42	-0.4	5:43	8:27	
23	Mon	10:45	4.2	11:10	5.4	4:31	-0.3	4:33	-0.3	5:43	8:27	
24	Tue	11:37	4.3			5:22	-0.3	5:29	-0.2	5:43	8:27	
25	Wed	12:01	5.2	12:31	4.3	6:15	-0.3	6:28	-0.1	5:43	8:27	
26	Thu	12:53	4.8	1:29	4.3	7:08	-0.2	7:29	0.1	5:44	8:27	
27	Fri	1:49	4.5	2:30	4.3	8:03	-0.2	8:33	0.2	5:44	8:27	
28	Sat	2:49	4.1	3:34	4.4	8:58	-0.1	9:39	0.2	5:45	8:27	
29	Sun	3:51	3.8	4:36	4.5	9:54	-0.1	10:44	0.2	5:45	8:27	
30	Mon	4:52	3.7	5:34	4.7	10:49	-0.1	11:47	0.1	5:45	8:27	