US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Jul 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:49	3.6	6:27	4.8	11:44	-0.2			5:46	8:27	
2	Wed	6:42	3.6	7:15	4.9	12:45	0.1	12:35	-0.2	5:46	8:27	
3	Thu	7:31	3.6	8:01	4.9	1:35	0.0	1:23	-0.2	5:47	8:27	
4	Fri	8:17	3.6	8:46	4.9	2:20	-0.1	2:09	-0.2	5:47	8:27	
5	Sat	9:02	3.7	9:28	4.9	3:02	-0.1	2:52	-0.2	5:48	8:27	
6	Sun	9:46	3.7	10:10	4.8	3:41	0.0	3:34	-0.1	5:48	8:26	
7	Mon	10:29	3.7	10:51	4.6	4:21	0.1	4:16	0.1	5:49	8:26	
8	Tue	11:12	3.7	11:32	4.4	5:00	0.2	5:00	0.3	5:50	8:26	
9	Wed	11:55	3.7			5:40	0.3	5:45	0.4	5:50	8:26	
10	Thu	12:13	4.2	12:40	3.7	6:21	0.4	6:33	0.6	5:51	8:25	
11	Fri	12:56	4.0	1:27	3.7	7:04	0.5	7:23	0.8	5:51	8:25	
12	Sat	1:42	3.8	2:17	3.8	7:47	0.6	8:16	0.9	5:52	8:24	
13	Sun	2:31	3.6	3:11	4.0	8:33	0.6	9:11	0.9	5:53	8:24	
14	Mon	3:25	3.5	4:06	4.2	9:22	0.5	10:07	0.8	5:53	8:24	
15	Tue	4:20	3.5	4:59	4.5	10:13	0.4	11:04	0.7	5:54	8:23	
16	Wed	5:15	3.6	5:51	4.8	11:05	0.3			5:55	8:23	
17	Thu	6:07	3.8	6:41	5.2	12:00	0.5	11:59 AM	0.1	5:56	8:22	
18	Fri	6:59	4.0	7:31	5.4	12:53	0.2	12:51	-0.2	5:56	8:21	
19	Sat	7:50	4.2	8:21	5.6	1:43	0.0	1:43	-0.4	5:57	8:21	
20	Sun	8:42	4.4	9:11	5.7	2:32	-0.3	2:34	-0.5	5:58	8:20	
21	Mon	9:34	4.5	10:01	5.7	3:21	-0.4	3:25	-0.6	5:59	8:19	
22	Tue	10:26	4.6	10:52	5.5	4:10	-0.5	4:19	-0.5	5:59	8:19	
23	Wed	11:18	4.7	11:42	5.2	4:59	-0.5	5:14	-0.4	6:00	8:18	
24	Thu			12:12	4.7	5:51	-0.4	6:13	-0.2	6:01	8:17	
25	Fri	12:34	4.8	1:08	4.6	6:43	-0.3	7:14	0.0	6:02	8:17	
26	Sat	1:28	4.3	2:08	4.5	7:38	-0.2	8:18	0.2	6:02	8:16	
27	Sun	2:27	3.9	3:12	4.5	8:33	-0.1	9:23	0.3	6:03	8:15	
28	Mon	3:29	3.6	4:17	4.5	9:30	0.0	10:30	0.4	6:04	8:14	
29	Tue	4:33	3.5	5:17	4.6	10:28	0.1	11:34	0.4	6:05	8:13	
30	Wed	5:32	3.4	6:11	4.6	11:24	0.1			6:06	8:12	
31	Thu	6:25	3.5	6:59	4.7	12:31	0.3	12:17	0.0	6:07	8:11	