

































## Sand Shoal Inlet, VA - Jan 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:46	5.2	10:08	3.9	3:07	-0.6	3:56	-0.4	7:17	4:56	
2	Fri	10:34	5.0	10:59	3.9	3:59	-0.5	4:46	-0.4	7:17	4:57	
3	Sat	11:24	4.7	11:54	3.9	4:54	-0.4	5:38	-0.4	7:17	4:57	
4	Sun			12:18	4.4	5:53	-0.2	6:32	-0.3	7:17	4:58	
5	Mon	12:53	3.9	1:15	4.0	6:56	-0.1	7:27	-0.3	7:17	4:59	
6	Tue	1:56	4.0	2:16	3.7	8:01	0.0	8:24	-0.3	7:17	5:00	
7	Wed	3:02	4.1	3:19	3.5	9:07	0.0	9:21	-0.4	7:17	5:01	
8	Thu	4:04	4.3	4:20	3.4	10:14	-0.1	10:18	-0.5	7:17	5:02	
9	Fri	5:02	4.5	5:16	3.4	11:16	-0.2	11:13	-0.5	7:17	5:03	
10	Sat	5:55	4.6	6:08	3.4			12:12	-0.3	7:17	5:04	
11	Sun	6:44	4.7	6:57	3.4	12:04	-0.6	1:00	-0.3	7:17	5:05	
12	Mon	7:30	4.7	7:44	3.4	12:52	-0.7	1:45	-0.4	7:16	5:06	
13	Tue	8:15	4.7	8:28	3.5	1:37	-0.6	2:26	-0.4	7:16	5:07	
14	Wed	8:57	4.6	9:12	3.5	2:20	-0.6	3:07	-0.3	7:16	5:08	
15	Thu	9:38	4.4	9:55	3.4	3:02	-0.4	3:46	-0.2	7:16	5:09	
16	Fri	10:19	4.2	10:38	3.4	3:45	-0.3	4:26	-0.1	7:15	5:10	
17	Sat	11:00	4.0	11:21	3.4	4:29	0.0	5:07	0.1	7:15	5:11	
18	Sun	11:42	3.7			5:16	0.2	5:49	0.2	7:14	5:12	
19	Mon	12:08	3.3	12:26	3.5	6:05	0.4	6:33	0.3	7:14	5:13	
20	Tue	12:58	3.3	1:15	3.2	6:57	0.5	7:19	0.3	7:14	5:14	
21	Wed	1:52	3.4	2:08	3.1	7:52	0.6	8:07	0.3	7:13	5:15	
22	Thu	2:48	3.6	3:03	3.1	8:48	0.6	8:57	0.3	7:13	5:16	
23	Fri	3:44	3.8	3:58	3.1	9:46	0.5	9:50	0.1	7:12	5:17	
24	Sat	4:37	4.1	4:51	3.3	10:42	0.3	10:43	-0.1	7:11	5:18	
25	Sun	5:27	4.5	5:41	3.5	11:35	0.1	11:34	-0.3	7:11	5:19	
26	Mon	6:16	4.8	6:31	3.7			12:25	-0.1	7:10	5:20	
27	Tue	7:04	5.0	7:20	3.9	12:24	-0.6	1:13	-0.4	7:09	5:21	
28	Wed	7:52	5.2	8:10	4.1	1:13	-0.8	1:59	-0.6	7:09	5:23	
29	Thu	8:40	5.3	8:59	4.2	2:02	-0.9	2:46	-0.7	7:08	5:24	
30	Fri	9:28	5.2	9:49	4.3	2:53	-0.9	3:33	-0.7	7:07	5:25	
31	Sat	10:16	4.9	10:41	4.3	3:45	-0.8	4:22	-0.7	7:06	5:26	