

































Sand Shoal Inlet, VA - Jan 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:58	5.3	7:16	3.8	12:18	-0.9	1:14	-0.6	7:17	4:56	
2	Sat	7:50	5.3	8:08	3.8	1:10	-0.9	2:04	-0.7	7:17	4:56	
3	Sun	8:40	5.2	8:58	3.7	2:00	-0.9	2:53	-0.6	7:17	4:57	
4	Mon	9:28	5.0	9:47	3.6	2:49	-0.8	3:41	-0.5	7:17	4:58	
5	Tue	10:15	4.7	10:36	3.5	3:38	-0.6	4:28	-0.4	7:17	4:59	
6	Wed	11:01	4.3	11:24	3.4	4:29	-0.3	5:16	-0.2	7:17	5:00	
7	Thu	11:47	4.0			5:21	-0.1	6:03	0.0	7:17	5:01	
8	Fri	12:15	3.3	12:35	3.6	6:14	0.2	6:50	0.1	7:17	5:02	
9	Sat	1:08	3.3	1:26	3.3	7:09	0.4	7:36	0.2	7:17	5:03	
10	Sun	2:04	3.3	2:19	3.1	8:06	0.5	8:23	0.3	7:17	5:03	
11	Mon	3:01	3.4	3:14	3.0	9:03	0.6	9:11	0.3	7:17	5:04	
12	Tue	3:55	3.6	4:06	3.0	9:59	0.5	9:59	0.2	7:16	5:05	
13	Wed	4:44	3.9	4:56	3.1	10:52	0.4	10:46	0.1	7:16	5:06	
14	Thu	5:30	4.1	5:42	3.2	11:40	0.3	11:32	0.0	7:16	5:07	
15	Fri	6:15	4.4	6:27	3.3			12:24	0.2	7:16	5:08	
16	Sat	6:58	4.6	7:11	3.5	12:16	-0.2	1:06	0.0	7:15	5:09	
17	Sun	7:41	4.8	7:55	3.6	12:59	-0.3	1:47	-0.1	7:15	5:10	
18	Mon	8:23	4.9	8:38	3.7	1:42	-0.4	2:29	-0.2	7:15	5:11	
19	Tue	9:06	4.9	9:23	3.8	2:26	-0.5	3:11	-0.3	7:14	5:13	
20	Wed	9:49	4.8	10:08	3.8	3:11	-0.4	3:55	-0.3	7:14	5:14	
21	Thu	10:33	4.7	10:56	3.9	3:59	-0.4	4:41	-0.3	7:13	5:15	
22	Fri	11:20	4.4	11:48	3.9	4:52	-0.3	5:29	-0.3	7:13	5:16	
23	Sat			12:10	4.1	5:49	-0.1	6:21	-0.3	7:12	5:17	
24	Sun	12:44	4.0	1:05	3.8	6:50	0.0	7:15	-0.3	7:11	5:18	
25	Mon	1:46	4.1	2:06	3.5	7:54	0.0	8:11	-0.3	7:11	5:19	
26	Tue	2:51	4.2	3:10	3.4	9:00	0.0	9:10	-0.4	7:10	5:20	
27	Wed	3:55	4.4	4:13	3.3	10:07	-0.1	10:10	-0.5	7:10	5:21	
28	Thu	4:56	4.6	5:13	3.4	11:11	-0.2	11:09	-0.6	7:09	5:22	
29	Fri	5:53	4.7	6:08	3.5			12:09	-0.4	7:08	5:23	
30	Sat	6:45	4.8	7:01	3.6	12:05	-0.8	1:00	-0.5	7:07	5:24	
31	Sun	7:35	4.9	7:50	3.7	12:56	-0.9	1:47	-0.6	7:07	5:26	