

































Sand Shoal Inlet, VA - Mar 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:18	4.5	7:31	3.8	12:44	-0.6	1:25	-0.4	6:34	5:56	
2	Tue	8:00	4.5	8:14	3.9	1:29	-0.6	2:04	-0.4	6:33	5:57	
3	Wed	8:41	4.4	8:56	4.0	2:12	-0.6	2:41	-0.3	6:31	5:58	
4	Thu	9:21	4.2	9:36	4.0	2:54	-0.5	3:18	-0.2	6:30	5:59	
5	Fri	10:00	4.0	10:17	4.0	3:35	-0.3	3:56	-0.1	6:28	6:00	
6	Sat	10:39	3.8	10:59	3.9	4:18	-0.1	4:34	0.1	6:27	6:01	
7	Sun	11:20	3.5	11:42	3.8	5:02	0.1	5:15	0.3	6:25	6:02	
8	Mon			12:03	3.3	5:49	0.4	5:59	0.4	6:24	6:03	
9	Tue	12:30	3.7	12:51	3.1	6:40	0.6	6:47	0.5	6:23	6:04	
10	Wed	1:24	3.6	1:45	3.0	7:34	0.7	7:39	0.6	6:21	6:05	
11	Thu	2:23	3.7	2:44	3.0	8:31	0.7	8:35	0.5	6:20	6:06	
12	Fri	3:22	3.8	3:42	3.1	9:28	0.7	9:32	0.4	6:18	6:07	
13	Sat	4:19	4.1	4:37	3.4	10:24	0.5	10:28	0.2	6:17	6:08	
14	Sun	5:10	4.3	5:27	3.7	11:15	0.3	11:21	-0.1	6:15	6:09	
15	Mon	5:59	4.6	6:15	4.1			12:03	0.0	6:14	6:09	
16	Tue	6:46	4.9	7:03	4.4	12:12	-0.4	12:48	-0.2	6:12	6:10	
17	Wed	7:32	5.0	7:50	4.7	1:01	-0.6	1:32	-0.4	6:11	6:11	
18	Thu	8:18	5.0	8:38	5.0	1:50	-0.8	2:16	-0.6	6:09	6:12	
19	Fri	9:05	4.9	9:27	5.1	2:39	-0.8	3:01	-0.6	6:08	6:13	
20	Sat	9:53	4.7	10:17	5.1	3:31	-0.7	3:48	-0.6	6:06	6:14	
21	Sun	10:42	4.3	11:09	5.0	4:24	-0.6	4:38	-0.5	6:05	6:15	
22	Mon	11:34	4.0			5:22	-0.3	5:32	-0.3	6:03	6:16	
23	Tue	12:04	4.7	12:30	3.6	6:23	-0.1	6:31	-0.1	6:02	6:17	
24	Wed	1:06	4.5	1:33	3.4	7:27	0.1	7:33	0.0	6:00	6:18	
25	Thu	2:14	4.3	2:42	3.2	8:33	0.2	8:38	0.0	5:59	6:19	
26	Fri	3:24	4.2	3:51	3.3	9:40	0.2	9:44	0.0	5:57	6:19	
27	Sat	4:29	4.2	4:52	3.5	10:42	0.1	10:46	-0.1	5:56	6:20	
28	Sun	5:25	4.2	5:43	3.7	11:34	0.0	11:41	-0.2	5:54	6:21	
29	Mon	6:12	4.3	6:27	3.9			12:18	-0.1	5:53	6:22	
30	Tue	6:54	4.3	7:09	4.1	12:29	-0.3	12:57	-0.1	5:51	6:23	
31	Wed	7:34	4.2	7:48	4.3	1:12	-0.3	1:32	-0.1	5:50	6:24	