
































Sand Shoal Inlet, VA - Jun 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:14	3.6	10:34	4.8	4:02	0.2	3:54	0.3	5:44	8:17	
2	Wed	10:56	3.6	11:15	4.7	4:43	0.3	4:35	0.4	5:43	8:18	
3	Thu	11:38	3.5	11:57	4.6	5:26	0.4	5:19	0.5	5:43	8:18	
4	Fri			12:22	3.5	6:11	0.5	6:08	0.6	5:43	8:19	
5	Sat	12:43	4.5	1:11	3.6	6:59	0.5	7:02	0.6	5:42	8:20	
6	Sun	1:32	4.4	2:05	3.7	7:49	0.4	8:00	0.6	5:42	8:20	
7	Mon	2:26	4.3	3:04	3.9	8:40	0.3	9:00	0.5	5:42	8:21	
8	Tue	3:25	4.2	4:03	4.3	9:32	0.2	10:03	0.3	5:42	8:21	
9	Wed	4:24	4.2	5:01	4.7	10:26	0.0	11:05	0.1	5:42	8:22	
10	Thu	5:21	4.2	5:56	5.1	11:20	-0.2			5:42	8:22	
11	Fri	6:17	4.3	6:51	5.5	12:06	-0.1	12:14	-0.4	5:41	8:23	
12	Sat	7:12	4.3	7:44	5.7	1:05	-0.4	1:07	-0.6	5:41	8:23	
13	Sun	8:07	4.3	8:37	5.9	2:00	-0.5	1:59	-0.7	5:41	8:24	
14	Mon	9:01	4.2	9:31	5.8	2:54	-0.6	2:51	-0.7	5:41	8:24	
15	Tue	9:55	4.2	10:23	5.6	3:46	-0.6	3:44	-0.7	5:41	8:25	
16	Wed	10:48	4.0	11:15	5.3	4:39	-0.5	4:37	-0.5	5:42	8:25	
17	Thu	11:41	3.9			5:32	-0.4	5:33	-0.3	5:42	8:25	
18	Fri	12:07	5.0	12:36	3.8	6:26	-0.2	6:31	0.0	5:42	8:26	
19	Sat	1:00	4.5	1:32	3.7	7:20	0.0	7:30	0.2	5:42	8:26	
20	Sun	1:53	4.1	2:31	3.7	8:12	0.1	8:31	0.4	5:42	8:26	
21	Mon	2:49	3.8	3:31	3.7	9:03	0.3	9:31	0.5	5:42	8:26	
22	Tue	3:46	3.6	4:27	3.8	9:51	0.3	10:31	0.6	5:42	8:27	
23	Wed	4:40	3.4	5:17	4.0	10:37	0.4	11:27	0.6	5:43	8:27	
24	Thu	5:29	3.4	6:02	4.2	11:22	0.4			5:43	8:27	
25	Fri	6:15	3.4	6:44	4.4	12:17	0.5	12:05	0.3	5:43	8:27	
26	Sat	6:59	3.4	7:26	4.6	1:01	0.4	12:47	0.3	5:44	8:27	
27	Sun	7:42	3.5	8:07	4.8	1:42	0.4	1:28	0.2	5:44	8:27	
28	Mon	8:24	3.6	8:49	4.9	2:20	0.3	2:09	0.2	5:44	8:27	
29	Tue	9:07	3.7	9:30	4.9	2:59	0.3	2:49	0.2	5:45	8:27	
30	Wed	9:49	3.7	10:11	4.9	3:38	0.2	3:30	0.2	5:45	8:27	