

































## Sand Shoal Inlet, VA - Aug 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:34	4.3	11:54	4.8	5:16	0.1	5:28	0.2	6:07	8:11	
2	Mon			12:22	4.4	6:01	0.1	6:22	0.3	6:08	8:10	
3	Tue	12:41	4.5	1:15	4.5	6:50	0.1	7:20	0.4	6:09	8:09	
4	Wed	1:33	4.2	2:12	4.6	7:41	0.1	8:22	0.4	6:09	8:08	
5	Thu	2:31	4.0	3:15	4.7	8:36	0.1	9:26	0.4	6:10	8:07	
6	Fri	3:34	3.8	4:19	4.9	9:34	0.0	10:32	0.3	6:11	8:06	
7	Sat	4:39	3.8	5:21	5.1	10:34	-0.1	11:37	0.2	6:12	8:05	
8	Sun	5:40	3.8	6:19	5.3	11:35	-0.2			6:13	8:04	
9	Mon	6:38	3.9	7:14	5.4	12:37	0.0	12:33	-0.3	6:14	8:03	
10	Tue	7:33	4.1	8:06	5.5	1:31	-0.1	1:28	-0.5	6:15	8:01	
11	Wed	8:25	4.2	8:56	5.4	2:21	-0.3	2:20	-0.5	6:15	8:00	
12	Thu	9:15	4.3	9:43	5.2	3:07	-0.3	3:09	-0.5	6:16	7:59	
13	Fri	10:03	4.4	10:28	5.0	3:51	-0.3	3:57	-0.3	6:17	7:58	
14	Sat	10:49	4.4	11:12	4.7	4:34	-0.1	4:45	-0.1	6:18	7:57	
15	Sun	11:35	4.3	11:55	4.3	5:17	0.0	5:34	0.2	6:19	7:56	
16	Mon			12:21	4.2	6:00	0.2	6:24	0.4	6:20	7:54	
17	Tue	12:39	4.0	1:08	4.1	6:44	0.4	7:16	0.7	6:20	7:53	
18	Wed	1:25	3.7	1:59	4.0	7:29	0.6	8:11	0.9	6:21	7:52	
19	Thu	2:16	3.4	2:55	4.0	8:17	0.7	9:06	1.0	6:22	7:50	
20	Fri	3:12	3.3	3:52	4.1	9:07	0.8	10:03	1.0	6:23	7:49	
21	Sat	4:10	3.3	4:49	4.2	9:59	0.8	10:59	1.0	6:24	7:48	
22	Sun	5:05	3.4	5:40	4.4	10:51	0.7	11:51	0.9	6:25	7:46	
23	Mon	5:55	3.6	6:27	4.7	11:43	0.6			6:25	7:45	
24	Tue	6:42	3.8	7:12	4.9	12:37	0.7	12:31	0.4	6:26	7:44	
25	Wed	7:27	4.1	7:55	5.1	1:20	0.5	1:18	0.2	6:27	7:42	
26	Thu	8:11	4.3	8:37	5.2	2:00	0.3	2:03	0.1	6:28	7:41	
27	Fri	8:55	4.5	9:20	5.3	2:41	0.2	2:47	0.0	6:29	7:40	
28	Sat	9:40	4.7	10:03	5.2	3:21	0.1	3:33	-0.1	6:30	7:38	
29	Sun	10:25	4.9	10:47	5.1	4:03	0.0	4:20	0.0	6:30	7:37	
30	Mon	11:11	5.0	11:32	4.8	4:46	0.0	5:11	0.1	6:31	7:35	
31	Tue			12:00	5.0	5:33	0.0	6:06	0.2	6:32	7:34	