
































Sand Shoal Inlet, VA - Oct 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:58	4.1	1:34	5.1	6:57	0.2	7:56	0.4	6:58	6:47	
2	Sat	2:00	3.8	2:39	4.9	7:59	0.3	9:02	0.5	6:59	6:45	
3	Sun	3:08	3.7	3:49	4.8	9:04	0.4	10:08	0.5	7:00	6:44	
4	Mon	4:19	3.7	4:55	4.8	10:10	0.3	11:10	0.4	7:00	6:42	
5	Tue	5:23	3.9	5:53	4.8	11:14	0.3			7:01	6:41	
6	Wed	6:18	4.2	6:44	4.8	12:05	0.3	12:13	0.1	7:02	6:39	
7	Thu	7:05	4.4	7:28	4.8	12:52	0.2	1:05	0.0	7:03	6:38	
8	Fri	7:49	4.6	8:10	4.7	1:33	0.1	1:51	0.0	7:04	6:36	
9	Sat	8:30	4.8	8:50	4.6	2:11	0.0	2:34	0.0	7:05	6:35	
10	Sun	9:10	4.9	9:30	4.4	2:47	0.1	3:15	0.1	7:06	6:34	
11	Mon	9:50	4.9	10:10	4.2	3:23	0.1	3:55	0.2	7:07	6:32	
12	Tue	10:30	4.8	10:50	4.0	3:59	0.3	4:36	0.4	7:08	6:31	
13	Wed	11:11	4.7	11:31	3.8	4:37	0.4	5:19	0.6	7:09	6:29	
14	Thu	11:54	4.6			5:18	0.6	6:05	0.8	7:09	6:28	
15	Fri	12:14	3.6	12:40	4.4	6:02	0.8	6:54	0.9	7:10	6:27	
16	Sat	1:01	3.5	1:30	4.3	6:51	0.9	7:47	1.1	7:11	6:25	
17	Sun	1:54	3.4	2:25	4.2	7:44	1.0	8:41	1.1	7:12	6:24	
18	Mon	2:53	3.4	3:24	4.3	8:41	1.0	9:35	1.0	7:13	6:22	
19	Tue	3:52	3.6	4:21	4.4	9:39	0.9	10:27	0.8	7:14	6:21	
20	Wed	4:48	3.9	5:14	4.6	10:36	0.7	11:17	0.6	7:15	6:20	
21	Thu	5:40	4.3	6:03	4.8	11:32	0.5			7:16	6:19	
22	Fri	6:28	4.7	6:50	5.0	12:05	0.3	12:25	0.2	7:17	6:17	
23	Sat	7:15	5.1	7:37	5.1	12:51	0.1	1:17	-0.1	7:18	6:16	
24	Sun	8:02	5.5	8:25	5.1	1:36	-0.2	2:07	-0.3	7:19	6:15	
25	Mon	8:50	5.8	9:13	5.0	2:20	-0.4	2:57	-0.4	7:20	6:14	
26	Tue	9:40	5.9	10:02	4.8	3:06	-0.4	3:48	-0.4	7:21	6:12	
27	Wed	10:30	5.9	10:53	4.5	3:54	-0.4	4:42	-0.3	7:22	6:11	
28	Thu	11:23	5.7	11:46	4.2	4:45	-0.3	5:38	-0.1	7:23	6:10	
29	Fri			12:18	5.4	5:39	-0.1	6:38	0.1	7:24	6:09	
30	Sat	12:43	3.9	1:17	5.1	6:39	0.1	7:41	0.2	7:25	6:08	
31	Sun	1:46	3.7	1:21	4.8	6:43	0.3	7:45	0.3	6:26	5:07	