
































Sand Shoal Inlet, VA - Nov 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:55	3.6	2:29	4.5	7:49	0.4	8:48	0.3	6:27	5:05	
2	Tue	3:06	3.7	3:35	4.4	8:56	0.4	9:47	0.3	6:28	5:04	
3	Wed	4:10	3.9	4:32	4.3	10:01	0.3	10:38	0.2	6:29	5:03	
4	Thu	5:02	4.1	5:20	4.3	11:00	0.3	11:23	0.1	6:30	5:02	
5	Fri	5:46	4.4	6:03	4.2	11:50	0.2			6:31	5:01	
6	Sat	6:27	4.6	6:43	4.1	12:03	0.1	12:35	0.1	6:32	5:00	
7	Sun	7:05	4.7	7:22	4.1	12:39	0.0	1:15	0.1	6:33	4:59	
8	Mon	7:44	4.8	8:01	4.0	1:15	0.1	1:53	0.1	6:34	4:58	
9	Tue	8:23	4.9	8:41	3.9	1:51	0.1	2:32	0.2	6:35	4:58	
10	Wed	9:03	4.8	9:21	3.8	2:27	0.2	3:11	0.3	6:36	4:57	
11	Thu	9:43	4.8	10:02	3.6	3:05	0.3	3:52	0.5	6:37	4:56	
12	Fri	10:25	4.6	10:45	3.5	3:44	0.5	4:36	0.6	6:38	4:55	
13	Sat	11:08	4.5	11:30	3.4	4:28	0.6	5:22	0.7	6:39	4:54	
14	Sun	11:55	4.3			5:15	0.8	6:12	0.8	6:41	4:54	
15	Mon	12:20	3.3	12:45	4.2	6:08	0.8	7:03	0.8	6:42	4:53	
16	Tue	1:15	3.4	1:40	4.2	7:05	0.8	7:54	0.7	6:43	4:52	
17	Wed	2:14	3.6	2:38	4.2	8:04	0.8	8:46	0.6	6:44	4:51	
18	Thu	3:12	3.9	3:33	4.3	9:03	0.6	9:37	0.3	6:45	4:51	
19	Fri	4:07	4.3	4:27	4.4	10:03	0.4	10:27	0.1	6:46	4:50	
20	Sat	4:58	4.8	5:18	4.5	11:00	0.1	11:17	-0.2	6:47	4:50	
21	Sun	5:49	5.2	6:09	4.6	11:55	-0.2			6:48	4:49	
22	Mon	6:39	5.6	6:59	4.6	12:06	-0.5	12:49	-0.4	6:49	4:49	
23	Tue	7:29	5.9	7:51	4.5	12:54	-0.7	1:41	-0.6	6:50	4:48	
24	Wed	8:21	5.9	8:43	4.4	1:43	-0.8	2:34	-0.6	6:51	4:48	
25	Thu	9:13	5.9	9:36	4.2	2:34	-0.7	3:27	-0.5	6:52	4:47	
26	Fri	10:07	5.7	10:30	4.0	3:26	-0.6	4:23	-0.4	6:53	4:47	
27	Sat	11:01	5.3	11:27	3.8	4:22	-0.4	5:21	-0.2	6:54	4:46	
28	Sun	11:58	4.9			5:21	-0.2	6:21	-0.1	6:55	4:46	
29	Mon	12:28	3.6	12:57	4.5	6:24	0.0	7:20	0.1	6:56	4:46	
30	Tue	1:33	3.5	2:00	4.1	7:30	0.2	8:18	0.1	6:57	4:46	