
































Sand Shoal Inlet, VA - Apr 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:26	4.2	5:42	3.9	11:27	0.4	11:38	0.1	5:47	6:25	
2	Sun	7:10	4.4	7:27	4.2			1:09	0.2	6:46	7:26	
3	Mon	7:53	4.6	8:10	4.6	1:25	-0.1	1:50	0.0	6:44	7:27	
4	Tue	8:36	4.7	8:54	4.9	2:10	-0.3	2:31	-0.2	6:43	7:28	
5	Wed	9:19	4.6	9:39	5.1	2:56	-0.4	3:12	-0.3	6:41	7:29	
6	Thu	10:04	4.5	10:25	5.2	3:43	-0.5	3:54	-0.3	6:40	7:30	
7	Fri	10:50	4.3	11:12	5.2	4:32	-0.4	4:40	-0.3	6:38	7:31	
8	Sat	11:37	4.1			5:24	-0.3	5:29	-0.2	6:37	7:32	
9	Sun	12:03	5.1	12:29	3.8	6:20	-0.1	6:24	-0.1	6:36	7:33	
10	Mon	12:59	4.9	1:26	3.6	7:20	0.0	7:24	0.1	6:34	7:33	
11	Tue	2:00	4.6	2:30	3.4	8:23	0.2	8:28	0.1	6:33	7:34	
12	Wed	3:08	4.5	3:40	3.4	9:28	0.2	9:34	0.1	6:31	7:35	
13	Thu	4:17	4.4	4:48	3.6	10:32	0.2	10:42	0.0	6:30	7:36	
14	Fri	5:21	4.4	5:48	3.8	11:32	0.1	11:45	-0.1	6:28	7:37	
15	Sat	6:18	4.4	6:41	4.1			12:24	-0.1	6:27	7:38	
16	Sun	7:08	4.4	7:28	4.4	12:43	-0.2	1:10	-0.2	6:26	7:39	
17	Mon	7:53	4.3	8:12	4.6	1:34	-0.3	1:51	-0.3	6:24	7:40	
18	Tue	8:36	4.2	8:54	4.7	2:20	-0.4	2:30	-0.3	6:23	7:41	
19	Wed	9:17	4.1	9:35	4.7	3:03	-0.4	3:08	-0.2	6:22	7:42	
20	Thu	9:58	3.9	10:16	4.7	3:44	-0.3	3:46	-0.1	6:20	7:42	
21	Fri	10:39	3.7	10:57	4.6	4:26	-0.1	4:24	0.1	6:19	7:43	
22	Sat	11:20	3.6	11:39	4.4	5:08	0.1	5:04	0.3	6:18	7:44	
23	Sun			12:02	3.4	5:53	0.3	5:48	0.5	6:17	7:45	
24	Mon	12:24	4.2	12:47	3.2	6:40	0.5	6:35	0.6	6:15	7:46	
25	Tue	1:12	4.1	1:37	3.1	7:29	0.7	7:27	0.8	6:14	7:47	
26	Wed	2:04	3.9	2:33	3.1	8:21	0.8	8:22	0.8	6:13	7:48	
27	Thu	3:02	3.9	3:31	3.2	9:13	0.8	9:20	0.8	6:12	7:49	
28	Fri	4:00	3.9	4:28	3.5	10:05	0.7	10:17	0.6	6:10	7:50	
29	Sat	4:54	4.0	5:20	3.8	10:55	0.6	11:13	0.5	6:09	7:51	
30	Sun	5:44	4.2	6:08	4.2	11:43	0.4			6:08	7:51	