

































## Sand Shoal Inlet, VA - Mar 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:01	3.5	5:49	0.2	6:00	0.2	6:33	5:57	
2	Fri	12:32	4.1	12:53	3.3	6:47	0.3	6:54	0.2	6:32	5:58	
3	Sat	1:32	4.2	1:55	3.2	7:49	0.4	7:53	0.1	6:30	5:59	
4	Sun	2:38	4.3	3:02	3.2	8:54	0.3	8:57	0.0	6:29	6:00	
5	Mon	3:45	4.5	4:07	3.4	10:00	0.2	10:02	-0.2	6:28	6:01	
6	Tue	4:48	4.8	5:08	3.6	11:02	-0.1	11:05	-0.5	6:26	6:01	
7	Wed	5:46	5.0	6:05	4.0	11:59	-0.3			6:25	6:02	
8	Thu	6:41	5.1	6:59	4.3	12:04	-0.8	12:50	-0.6	6:23	6:03	
9	Fri	7:33	5.2	7:51	4.5	12:59	-1.0	1:38	-0.7	6:22	6:04	
10	Sat	8:22	5.1	8:42	4.7	1:51	-1.1	2:24	-0.8	6:20	6:05	
11	Sun	9:10	4.8	9:30	4.7	2:43	-1.0	3:08	-0.7	6:19	6:06	
12	Mon	9:57	4.5	10:19	4.7	3:34	-0.8	3:54	-0.6	6:17	6:07	
13	Tue	10:43	4.1	11:07	4.5	4:26	-0.5	4:40	-0.4	6:16	6:08	
14	Wed	11:29	3.6	11:57	4.2	5:19	-0.2	5:27	-0.1	6:14	6:09	
15	Thu			12:18	3.3	6:15	0.1	6:18	0.1	6:13	6:10	
16	Fri	12:50	3.9	1:13	3.0	7:13	0.4	7:11	0.3	6:12	6:11	
17	Sat	1:50	3.7	2:13	2.8	8:14	0.6	8:08	0.5	6:10	6:12	
18	Sun	2:55	3.7	3:16	2.8	9:16	0.7	9:07	0.5	6:09	6:13	
19	Mon	3:57	3.7	4:14	2.9	10:16	0.7	10:04	0.4	6:07	6:14	
20	Tue	4:51	3.8	5:04	3.2	11:05	0.6	10:57	0.3	6:06	6:14	
21	Wed	5:37	4.0	5:48	3.4	11:46	0.5	11:43	0.1	6:04	6:15	
22	Thu	6:19	4.2	6:29	3.7			12:22	0.3	6:03	6:16	
23	Fri	6:58	4.3	7:10	4.0	12:26	0.0	12:57	0.2	6:01	6:17	
24	Sat	7:36	4.4	7:49	4.2	1:06	-0.1	1:31	0.1	6:00	6:18	
25	Sun	8:14	4.4	8:28	4.4	1:46	-0.2	2:06	0.0	5:58	6:19	
26	Mon	8:52	4.3	9:08	4.5	2:26	-0.2	2:42	0.0	5:57	6:20	
27	Tue	9:31	4.2	9:48	4.6	3:08	-0.1	3:19	0.0	5:55	6:21	
28	Wed	10:11	4.0	10:30	4.6	3:52	0.0	3:59	0.1	5:54	6:22	
29	Thu	10:53	3.8	11:17	4.6	4:40	0.1	4:44	0.2	5:52	6:23	
30	Fri	11:40	3.6			5:33	0.2	5:34	0.2	5:51	6:23	
31	Sat	12:10	4.5	12:35	3.4	6:31	0.3	6:32	0.3	5:49	6:24	