

































Sand Shoal Inlet, VA - May 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:01	4.5	3:35	3.6	9:21	0.2	9:30	0.2	6:07	7:52	
2	Wed	4:07	4.5	4:41	3.9	10:20	0.1	10:37	0.1	6:06	7:53	
3	Thu	5:10	4.4	5:41	4.2	11:17	0.0	11:41	-0.1	6:05	7:54	
4	Fri	6:06	4.4	6:34	4.6			12:09	-0.2	6:04	7:55	
5	Sat	6:58	4.4	7:24	4.9	12:40	-0.3	12:57	-0.3	6:03	7:56	
6	Sun	7:47	4.3	8:11	5.1	1:34	-0.4	1:42	-0.4	6:02	7:57	
7	Mon	8:34	4.1	8:56	5.2	2:23	-0.5	2:25	-0.4	6:01	7:57	
8	Tue	9:19	4.0	9:41	5.1	3:10	-0.4	3:07	-0.3	6:00	7:58	
9	Wed	10:03	3.8	10:25	5.0	3:56	-0.3	3:49	-0.2	5:59	7:59	
10	Thu	10:48	3.6	11:09	4.8	4:41	-0.1	4:32	0.0	5:58	8:00	
11	Fri	11:32	3.4	11:54	4.5	5:27	0.1	5:17	0.3	5:57	8:01	
12	Sat			12:18	3.3	6:15	0.3	6:05	0.5	5:56	8:02	
13	Sun	12:42	4.3	1:07	3.1	7:04	0.5	6:57	0.6	5:55	8:03	
14	Mon	1:32	4.0	2:00	3.1	7:54	0.7	7:51	0.8	5:54	8:04	
15	Tue	2:27	3.9	2:57	3.2	8:44	0.8	8:48	0.8	5:53	8:04	
16	Wed	3:23	3.8	3:55	3.4	9:33	0.8	9:44	0.8	5:53	8:05	
17	Thu	4:18	3.8	4:48	3.6	10:20	0.7	10:40	0.7	5:52	8:06	
18	Fri	5:09	3.8	5:36	4.0	11:05	0.6	11:33	0.5	5:51	8:07	
19	Sat	5:55	3.9	6:21	4.4	11:49	0.4			5:50	8:08	
20	Sun	6:40	4.0	7:04	4.7	12:23	0.4	12:32	0.2	5:50	8:09	
21	Mon	7:25	4.0	7:48	5.1	1:11	0.2	1:14	0.1	5:49	8:09	
22	Tue	8:09	4.1	8:32	5.3	1:58	0.0	1:57	-0.1	5:48	8:10	
23	Wed	8:55	4.1	9:18	5.5	2:44	-0.1	2:40	-0.2	5:48	8:11	
24	Thu	9:42	4.0	10:06	5.5	3:31	-0.2	3:26	-0.2	5:47	8:12	
25	Fri	10:30	3.9	10:56	5.5	4:20	-0.2	4:14	-0.2	5:47	8:13	
26	Sat	11:21	3.8	11:47	5.3	5:12	-0.1	5:07	-0.1	5:46	8:13	
27	Sun			12:14	3.7	6:07	0.0	6:04	0.0	5:46	8:14	
28	Mon	12:42	5.1	1:12	3.7	7:04	0.0	7:06	0.1	5:45	8:15	
29	Tue	1:40	4.8	2:15	3.7	8:02	0.1	8:11	0.2	5:45	8:15	
30	Wed	2:42	4.5	3:22	3.9	9:00	0.1	9:18	0.2	5:44	8:16	
31	Thu	3:46	4.3	4:26	4.1	9:56	0.0	10:24	0.2	5:44	8:17	