
































Sand Shoal Inlet, VA - Jun 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:47	4.1	5:25	4.4	10:50	-0.1	11:29	0.1	5:43	8:18	
2	Sat	5:43	3.9	6:17	4.7	11:41	-0.1			5:43	8:18	
3	Sun	6:35	3.8	7:05	4.9	12:28	0.0	12:29	-0.2	5:43	8:19	
4	Mon	7:23	3.7	7:50	5.0	1:21	-0.1	1:15	-0.2	5:43	8:19	
5	Tue	8:09	3.7	8:34	5.0	2:09	-0.2	1:58	-0.2	5:42	8:20	
6	Wed	8:54	3.6	9:18	5.0	2:53	-0.1	2:40	-0.2	5:42	8:21	
7	Thu	9:38	3.5	10:01	4.9	3:36	-0.1	3:22	0.0	5:42	8:21	
8	Fri	10:21	3.5	10:44	4.7	4:18	0.1	4:04	0.1	5:42	8:22	
9	Sat	11:05	3.4	11:27	4.6	5:00	0.2	4:47	0.3	5:42	8:22	
10	Sun	11:49	3.3			5:44	0.4	5:33	0.4	5:42	8:23	
11	Mon	12:11	4.3	12:35	3.3	6:29	0.5	6:22	0.6	5:41	8:23	
12	Tue	12:57	4.1	1:24	3.3	7:14	0.6	7:14	0.7	5:41	8:24	
13	Wed	1:45	3.9	2:16	3.4	7:59	0.7	8:07	0.8	5:41	8:24	
14	Thu	2:35	3.8	3:11	3.5	8:44	0.7	9:03	0.8	5:41	8:24	
15	Fri	3:28	3.7	4:04	3.8	9:29	0.6	9:59	0.8	5:41	8:25	
16	Sat	4:20	3.7	4:55	4.2	10:16	0.5	10:55	0.6	5:42	8:25	
17	Sun	5:12	3.7	5:44	4.5	11:03	0.3	11:50	0.4	5:42	8:25	
18	Mon	6:01	3.8	6:32	4.9	11:51	0.2			5:42	8:26	
19	Tue	6:50	3.8	7:20	5.3	12:43	0.2	12:40	0.0	5:42	8:26	
20	Wed	7:39	3.9	8:08	5.5	1:34	0.0	1:28	-0.2	5:42	8:26	
21	Thu	8:30	4.0	8:58	5.7	2:24	-0.2	2:17	-0.3	5:42	8:27	
22	Fri	9:21	4.0	9:49	5.7	3:13	-0.3	3:07	-0.4	5:43	8:27	
23	Sat	10:13	4.0	10:41	5.6	4:04	-0.3	3:59	-0.4	5:43	8:27	
24	Sun	11:06	4.0	11:33	5.4	4:56	-0.3	4:54	-0.3	5:43	8:27	
25	Mon			12:00	4.0	5:50	-0.2	5:52	-0.2	5:43	8:27	
26	Tue	12:27	5.1	12:58	4.0	6:45	-0.2	6:54	0.0	5:44	8:27	
27	Wed	1:22	4.7	1:58	4.0	7:40	-0.1	7:58	0.1	5:44	8:27	
28	Thu	2:20	4.3	3:02	4.1	8:34	-0.1	9:04	0.2	5:45	8:27	
29	Fri	3:21	4.0	4:06	4.3	9:28	0.0	10:10	0.3	5:45	8:27	
30	Sat	4:22	3.7	5:05	4.4	10:21	0.0	11:15	0.3	5:45	8:27	