

































Sand Shoal Inlet, VA - Aug 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:40	3.3	7:13	4.7	12:53	0.4	12:29	0.2	6:07	8:10	
2	Thu	7:25	3.4	7:55	4.7	1:37	0.4	1:15	0.2	6:08	8:09	
3	Fri	8:07	3.5	8:36	4.8	2:14	0.4	1:57	0.1	6:09	8:08	
4	Sat	8:48	3.7	9:15	4.8	2:50	0.3	2:37	0.1	6:10	8:07	
5	Sun	9:29	3.8	9:54	4.8	3:24	0.3	3:16	0.2	6:11	8:06	
6	Mon	10:10	3.9	10:33	4.7	3:59	0.4	3:56	0.2	6:12	8:05	
7	Tue	10:50	3.9	11:11	4.5	4:35	0.4	4:37	0.4	6:12	8:04	
8	Wed	11:30	4.0	11:49	4.3	5:11	0.5	5:20	0.5	6:13	8:03	
9	Thu			12:12	4.0	5:49	0.5	6:06	0.7	6:14	8:02	
10	Fri	12:28	4.1	12:55	4.1	6:30	0.6	6:56	0.8	6:15	8:01	
11	Sat	1:11	3.9	1:44	4.2	7:13	0.6	7:50	0.9	6:16	8:00	
12	Sun	2:00	3.7	2:39	4.3	8:01	0.6	8:49	0.9	6:17	7:59	
13	Mon	2:56	3.6	3:38	4.5	8:53	0.6	9:50	0.8	6:17	7:57	
14	Tue	3:58	3.6	4:39	4.8	9:50	0.4	10:52	0.6	6:18	7:56	
15	Wed	4:59	3.7	5:38	5.2	10:49	0.2	11:53	0.4	6:19	7:55	
16	Thu	5:57	3.9	6:34	5.5	11:49	0.0			6:20	7:54	
17	Fri	6:54	4.1	7:29	5.7	12:50	0.1	12:47	-0.3	6:21	7:52	
18	Sat	7:48	4.4	8:22	5.9	1:43	-0.1	1:43	-0.5	6:22	7:51	
19	Sun	8:42	4.7	9:13	5.8	2:33	-0.3	2:37	-0.7	6:23	7:50	
20	Mon	9:35	4.9	10:04	5.7	3:21	-0.4	3:31	-0.7	6:23	7:48	
21	Tue	10:27	5.0	10:54	5.3	4:09	-0.5	4:25	-0.5	6:24	7:47	
22	Wed	11:19	5.0	11:43	4.9	4:57	-0.4	5:21	-0.3	6:25	7:46	
23	Thu			12:12	4.9	5:47	-0.2	6:19	0.0	6:26	7:44	
24	Fri	12:34	4.4	1:07	4.8	6:38	0.0	7:20	0.2	6:27	7:43	
25	Sat	1:27	3.9	2:05	4.6	7:30	0.2	8:24	0.5	6:28	7:42	
26	Sun	2:25	3.5	3:08	4.4	8:25	0.4	9:30	0.7	6:28	7:40	
27	Mon	3:28	3.3	4:14	4.4	9:22	0.5	10:38	0.7	6:29	7:39	
28	Tue	4:33	3.2	5:14	4.4	10:20	0.6	11:40	0.7	6:30	7:37	
29	Wed	5:31	3.3	6:06	4.5	11:17	0.5			6:31	7:36	
30	Thu	6:19	3.4	6:51	4.6	12:30	0.7	12:08	0.5	6:32	7:35	
31	Fri	7:02	3.6	7:32	4.7	1:11	0.6	12:54	0.4	6:33	7:33	