
































Sand Shoal Inlet, VA - Nov 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:42	5.1	8:01	4.3	1:11	0.2	1:46	0.2	6:28	5:05	
2	Fri	8:23	5.2	8:42	4.2	1:48	0.2	2:28	0.2	6:29	5:04	
3	Sat	9:04	5.3	9:24	4.0	2:27	0.2	3:13	0.2	6:30	5:03	
4	Sun	9:48	5.3	10:08	3.9	3:08	0.2	4:00	0.3	6:31	5:02	
5	Mon	10:35	5.2	10:57	3.7	3:54	0.3	4:52	0.4	6:32	5:01	
6	Tue	11:27	5.0	11:51	3.6	4:45	0.4	5:49	0.5	6:33	5:00	
7	Wed			12:24	4.9	5:44	0.4	6:49	0.5	6:34	4:59	
8	Thu	12:53	3.5	1:27	4.7	6:48	0.5	7:49	0.4	6:35	4:58	
9	Fri	2:00	3.6	2:32	4.7	7:54	0.4	8:48	0.3	6:36	4:57	
10	Sat	3:08	3.9	3:35	4.6	9:01	0.3	9:45	0.1	6:37	4:56	
11	Sun	4:10	4.3	4:34	4.6	10:07	0.1	10:38	-0.1	6:38	4:55	
12	Mon	5:06	4.7	5:27	4.6	11:08	-0.1	11:28	-0.3	6:39	4:55	
13	Tue	5:57	5.1	6:17	4.5			12:05	-0.3	6:40	4:54	
14	Wed	6:46	5.3	7:06	4.3	12:15	-0.4	12:57	-0.4	6:41	4:53	
15	Thu	7:33	5.4	7:53	4.2	1:00	-0.5	1:47	-0.4	6:42	4:52	
16	Fri	8:20	5.4	8:39	4.0	1:44	-0.5	2:35	-0.3	6:43	4:52	
17	Sat	9:06	5.3	9:26	3.7	2:28	-0.3	3:22	-0.1	6:44	4:51	
18	Sun	9:52	5.1	10:12	3.5	3:12	-0.1	4:10	0.1	6:45	4:50	
19	Mon	10:39	4.8	10:59	3.3	3:58	0.1	5:00	0.3	6:46	4:50	
20	Tue	11:27	4.5	11:49	3.2	4:47	0.3	5:51	0.5	6:47	4:49	
21	Wed			12:17	4.2	5:39	0.5	6:43	0.7	6:48	4:49	
22	Thu	12:43	3.1	1:11	4.0	6:35	0.7	7:35	0.7	6:49	4:48	
23	Fri	1:41	3.1	2:07	3.8	7:32	0.8	8:23	0.7	6:50	4:48	
24	Sat	2:41	3.3	3:02	3.8	8:29	0.8	9:09	0.7	6:51	4:47	
25	Sun	3:36	3.5	3:53	3.8	9:25	0.8	9:53	0.6	6:52	4:47	
26	Mon	4:24	3.9	4:39	3.8	10:19	0.6	10:35	0.4	6:53	4:47	
27	Tue	5:08	4.2	5:23	3.9	11:08	0.5	11:16	0.2	6:54	4:46	
28	Wed	5:51	4.6	6:06	3.9	11:55	0.3	11:57	0.1	6:55	4:46	
29	Thu	6:33	4.9	6:49	3.9			12:40	0.1	6:56	4:46	
30	Fri	7:15	5.1	7:32	3.9	12:38	-0.1	1:24	0.0	6:57	4:46	