

































Sand Shoal Inlet, VA - Mar 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:53	4.4	7:02	3.4	12:12	-0.4	1:05	-0.1	6:34	5:56	
2	Sun	7:35	4.4	7:44	3.6	12:58	-0.4	1:41	-0.1	6:32	5:57	
3	Mon	8:13	4.4	8:24	3.8	1:40	-0.5	2:16	-0.1	6:31	5:58	
4	Tue	8:51	4.3	9:03	3.9	2:21	-0.4	2:49	-0.1	6:30	5:59	
5	Wed	9:28	4.1	9:42	4.0	3:00	-0.3	3:22	0.0	6:28	6:00	
6	Thu	10:05	3.9	10:21	4.0	3:40	-0.1	3:57	0.1	6:27	6:01	
7	Fri	10:42	3.6	11:01	3.9	4:22	0.1	4:33	0.2	6:25	6:02	
8	Sat	11:21	3.4	11:43	3.8	5:06	0.3	5:12	0.4	6:24	6:03	
9	Sun			12:03	3.1	5:53	0.5	5:55	0.5	6:23	6:04	
10	Mon	12:31	3.8	12:51	2.9	6:45	0.7	6:43	0.6	6:21	6:05	
11	Tue	1:26	3.7	1:47	2.8	7:41	0.8	7:38	0.6	6:20	6:06	
12	Wed	2:28	3.8	2:49	2.8	8:41	0.8	8:37	0.5	6:18	6:07	
13	Thu	3:31	4.0	3:50	3.0	9:41	0.7	9:38	0.3	6:17	6:08	
14	Fri	4:29	4.2	4:46	3.3	10:39	0.5	10:37	0.1	6:15	6:09	
15	Sat	5:22	4.6	5:38	3.7	11:31	0.2	11:32	-0.2	6:14	6:09	
16	Sun	6:12	4.8	6:28	4.1			12:18	-0.1	6:12	6:10	
17	Mon	7:00	5.0	7:17	4.5	12:25	-0.5	1:03	-0.3	6:11	6:11	
18	Tue	7:47	5.1	8:06	4.8	1:16	-0.8	1:47	-0.5	6:09	6:12	
19	Wed	8:34	5.0	8:55	5.1	2:07	-0.9	2:31	-0.7	6:08	6:13	
20	Thu	9:21	4.7	9:44	5.2	2:58	-0.8	3:16	-0.7	6:06	6:14	
21	Fri	10:09	4.4	10:35	5.1	3:51	-0.7	4:03	-0.6	6:05	6:15	
22	Sat	10:59	4.0	11:28	4.9	4:47	-0.5	4:53	-0.4	6:03	6:16	
23	Sun	11:52	3.6			5:47	-0.2	5:48	-0.2	6:02	6:17	
24	Mon	12:26	4.6	12:51	3.2	6:50	0.1	6:48	0.0	6:00	6:18	
25	Tue	1:31	4.3	1:58	3.0	7:58	0.3	7:53	0.2	5:59	6:19	
26	Wed	2:44	4.1	3:11	2.9	9:08	0.4	9:01	0.2	5:57	6:19	
27	Thu	3:56	4.1	4:19	3.1	10:16	0.4	10:07	0.2	5:56	6:20	
28	Fri	4:58	4.1	5:15	3.3	11:13	0.3	11:07	0.1	5:54	6:21	
29	Sat	5:48	4.1	6:00	3.5	11:58	0.2	11:58	-0.1	5:53	6:22	
30	Sun	6:30	4.2	6:41	3.8			12:35	0.1	5:51	6:23	
31	Mon	7:08	4.2	7:19	4.0	12:42	-0.1	1:07	0.1	5:50	6:24	