



## Sand Shoal Inlet, VA - Jul 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:56	3.6	10:21	5.0	3:49	0.3	3:36	0.2	5:46	8:27	☀
2	Wed	10:40	3.6	11:04	5.0	4:32	0.3	4:21	0.2	5:46	8:27	☀
3	Thu	11:25	3.7	11:48	4.9	5:16	0.3	5:09	0.2	5:47	8:27	☀
4	Fri			12:13	3.8	6:01	0.3	6:02	0.3	5:47	8:27	☀
5	Sat	12:34	4.7	1:04	3.9	6:49	0.2	7:00	0.4	5:48	8:27	☀
6	Sun	1:23	4.4	2:00	4.1	7:37	0.2	8:01	0.4	5:48	8:26	☀
7	Mon	2:18	4.1	2:59	4.4	8:28	0.1	9:05	0.4	5:49	8:26	☀
8	Tue	3:17	3.9	4:01	4.6	9:20	0.0	10:10	0.3	5:49	8:26	☀
9	Wed	4:19	3.7	5:01	5.0	10:15	-0.1	11:16	0.2	5:50	8:26	☀
10	Thu	5:19	3.6	5:59	5.2	11:12	-0.2			5:51	8:25	☀
11	Fri	6:17	3.6	6:55	5.4	12:19	0.0	12:09	-0.3	5:51	8:25	☀
12	Sat	7:13	3.7	7:49	5.5	1:17	-0.1	1:04	-0.4	5:52	8:25	☀
13	Sun	8:08	3.7	8:42	5.5	2:11	-0.2	1:58	-0.5	5:52	8:24	☀
14	Mon	9:00	3.8	9:33	5.4	3:01	-0.2	2:49	-0.5	5:53	8:24	☀
15	Tue	9:51	3.8	10:22	5.2	3:49	-0.2	3:40	-0.4	5:54	8:23	☀
16	Wed	10:41	3.8	11:08	4.9	4:36	-0.1	4:30	-0.2	5:55	8:23	☀
17	Thu	11:29	3.8	11:53	4.6	5:22	0.0	5:20	0.0	5:55	8:22	☀
18	Fri			12:17	3.8	6:07	0.2	6:12	0.3	5:56	8:22	☀
19	Sat	12:37	4.2	1:05	3.7	6:50	0.3	7:06	0.5	5:57	8:21	☀
20	Sun	1:23	3.8	1:56	3.8	7:34	0.4	8:01	0.7	5:57	8:20	☀
21	Mon	2:11	3.5	2:49	3.8	8:17	0.6	8:57	0.8	5:58	8:20	☀
22	Tue	3:03	3.3	3:44	3.9	9:01	0.6	9:54	0.9	5:59	8:19	☀
23	Wed	3:58	3.1	4:38	4.1	9:48	0.7	10:51	0.9	6:00	8:18	☀
24	Thu	4:52	3.1	5:29	4.3	10:37	0.6	11:45	0.8	6:01	8:18	☀
25	Fri	5:43	3.2	6:17	4.5	11:26	0.6			6:01	8:17	☀
26	Sat	6:31	3.3	7:03	4.7	12:35	0.7	12:15	0.4	6:02	8:16	☀
27	Sun	7:17	3.5	7:48	4.9	1:19	0.6	1:03	0.3	6:03	8:15	☀
28	Mon	8:03	3.6	8:32	5.1	2:02	0.4	1:48	0.1	6:04	8:14	☀
29	Tue	8:47	3.8	9:15	5.2	2:43	0.3	2:32	0.0	6:05	8:14	☀
30	Wed	9:32	4.0	9:58	5.3	3:24	0.2	3:17	0.0	6:05	8:13	☀
31	Thu	10:17	4.1	10:41	5.2	4:05	0.1	4:04	0.0	6:06	8:12	☀