
































Sand Shoal Inlet, VA - Sep 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:19	5.1	5:48	0.0	6:30	0.2	6:33	7:32	
2	Tue	12:39	4.2	1:15	5.1	6:39	0.1	7:33	0.4	6:34	7:31	
3	Wed	1:35	3.8	2:17	4.9	7:35	0.2	8:39	0.6	6:35	7:29	
4	Thu	2:38	3.5	3:25	4.9	8:35	0.3	9:48	0.6	6:35	7:28	
5	Fri	3:47	3.4	4:34	4.9	9:39	0.3	10:58	0.6	6:36	7:26	
6	Sat	4:57	3.4	5:39	4.9	10:45	0.3			6:37	7:25	
7	Sun	5:58	3.6	6:36	5.0	12:01	0.5	11:47 AM	0.2	6:38	7:23	
8	Mon	6:52	3.8	7:25	5.0	12:54	0.4	12:44	0.1	6:39	7:22	
9	Tue	7:40	4.0	8:09	5.0	1:39	0.2	1:35	0.0	6:40	7:20	
10	Wed	8:24	4.2	8:50	4.9	2:18	0.2	2:20	-0.1	6:40	7:19	
11	Thu	9:05	4.4	9:29	4.8	2:54	0.1	3:03	0.0	6:41	7:17	
12	Fri	9:46	4.5	10:08	4.6	3:29	0.2	3:44	0.1	6:42	7:16	
13	Sat	10:26	4.6	10:46	4.3	4:03	0.3	4:26	0.3	6:43	7:14	
14	Sun	11:06	4.6	11:25	4.0	4:38	0.4	5:09	0.5	6:44	7:13	
15	Mon	11:47	4.5			5:15	0.6	5:54	0.7	6:44	7:11	
16	Tue	12:05	3.7	12:30	4.4	5:54	0.7	6:42	0.9	6:45	7:10	
17	Wed	12:48	3.5	1:18	4.3	6:38	0.9	7:35	1.1	6:46	7:08	
18	Thu	1:37	3.3	2:12	4.2	7:27	1.0	8:31	1.2	6:47	7:07	
19	Fri	2:33	3.2	3:13	4.2	8:22	1.1	9:29	1.2	6:48	7:05	
20	Sat	3:35	3.2	4:15	4.4	9:20	1.0	10:28	1.1	6:49	7:04	
21	Sun	4:36	3.4	5:11	4.6	10:19	0.9	11:22	1.0	6:49	7:02	
22	Mon	5:31	3.7	6:02	4.9	11:16	0.6			6:50	7:01	
23	Tue	6:20	4.0	6:49	5.1	12:11	0.7	12:11	0.4	6:51	6:59	
24	Wed	7:08	4.5	7:35	5.3	12:56	0.4	1:02	0.1	6:52	6:57	
25	Thu	7:54	4.9	8:20	5.4	1:38	0.1	1:52	-0.1	6:53	6:56	
26	Fri	8:41	5.2	9:06	5.3	2:20	-0.1	2:41	-0.3	6:54	6:54	
27	Sat	9:28	5.5	9:52	5.1	3:03	-0.2	3:31	-0.3	6:54	6:53	
28	Sun	10:17	5.7	10:39	4.8	3:46	-0.3	4:23	-0.2	6:55	6:51	
29	Mon	11:07	5.7	11:29	4.4	4:32	-0.2	5:18	0.0	6:56	6:50	
30	Tue	11:59	5.5			5:21	-0.1	6:17	0.2	6:57	6:48	