
































## Sand Shoal Inlet, VA - Oct 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:21	4.0	12:56	5.3	6:15	0.1	7:20	0.4	6:58	6:47	
2	Thu	1:19	3.7	1:59	5.0	7:15	0.3	8:28	0.6	6:59	6:45	
3	Fri	2:25	3.4	3:10	4.8	8:20	0.4	9:38	0.7	7:00	6:44	
4	Sat	3:39	3.4	4:22	4.7	9:28	0.5	10:45	0.6	7:00	6:42	
5	Sun	4:51	3.5	5:27	4.7	10:36	0.5	11:44	0.5	7:01	6:41	
6	Mon	5:51	3.7	6:20	4.7	11:39	0.4			7:02	6:39	
7	Tue	6:40	4.0	7:04	4.7	12:32	0.4	12:33	0.3	7:03	6:38	
8	Wed	7:22	4.3	7:44	4.6	1:11	0.3	1:21	0.2	7:04	6:36	
9	Thu	8:01	4.5	8:21	4.5	1:46	0.2	2:03	0.1	7:05	6:35	
10	Fri	8:39	4.7	8:58	4.4	2:19	0.2	2:43	0.2	7:06	6:34	
11	Sat	9:17	4.8	9:36	4.2	2:52	0.2	3:22	0.2	7:07	6:32	
12	Sun	9:55	4.9	10:14	4.0	3:25	0.3	4:00	0.3	7:08	6:31	
13	Mon	10:34	4.8	10:53	3.8	3:59	0.4	4:41	0.5	7:09	6:29	
14	Tue	11:14	4.7	11:33	3.6	4:35	0.6	5:23	0.7	7:09	6:28	
15	Wed	11:56	4.6			5:14	0.8	6:10	0.9	7:10	6:26	
16	Thu	12:15	3.4	12:42	4.4	5:58	0.9	7:01	1.1	7:11	6:25	
17	Fri	1:02	3.3	1:34	4.3	6:49	1.0	7:56	1.2	7:12	6:24	
18	Sat	1:57	3.2	2:33	4.3	7:45	1.1	8:53	1.1	7:13	6:22	
19	Sun	2:59	3.3	3:35	4.4	8:46	1.0	9:49	1.0	7:14	6:21	
20	Mon	4:02	3.5	4:33	4.5	9:47	0.8	10:42	0.8	7:15	6:20	
21	Tue	4:59	3.8	5:26	4.7	10:47	0.6	11:31	0.5	7:16	6:18	
22	Wed	5:51	4.3	6:16	4.9	11:45	0.3			7:17	6:17	
23	Thu	6:40	4.8	7:04	5.0	12:18	0.2	12:40	0.0	7:18	6:16	
24	Fri	7:28	5.3	7:51	5.0	1:03	-0.1	1:33	-0.2	7:19	6:15	
25	Sat	8:17	5.7	8:39	4.9	1:48	-0.3	2:24	-0.4	7:20	6:13	
26	Sun	8:06	5.9	8:28	4.7	1:33	-0.4	2:16	-0.4	6:21	5:12	
27	Mon	8:56	6.0	9:18	4.4	2:19	-0.5	3:09	-0.3	6:22	5:11	
28	Tue	9:48	5.9	10:10	4.1	3:07	-0.4	4:04	-0.2	6:23	5:10	
29	Wed	10:42	5.6	11:05	3.8	3:59	-0.2	5:03	0.1	6:24	5:09	
30	Thu	11:39	5.3			4:56	0.0	6:06	0.3	6:25	5:08	
31	Fri	12:04	3.5	12:42	4.9	5:58	0.2	7:12	0.4	6:26	5:07	