

































## Sand Shoal Inlet, VA - Dec 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:56	3.3	2:22	3.9	7:49	0.4	8:40	0.3	6:58	4:45	
2	Tue	3:04	3.4	3:22	3.7	8:54	0.5	9:29	0.3	6:59	4:45	
3	Wed	4:01	3.7	4:13	3.6	9:57	0.5	10:13	0.3	7:00	4:45	
4	Thu	4:48	3.9	4:58	3.5	10:53	0.4	10:54	0.2	7:01	4:45	
5	Fri	5:28	4.1	5:40	3.4	11:41	0.4	11:32	0.2	7:01	4:45	
6	Sat	6:07	4.4	6:20	3.4			12:23	0.3	7:02	4:45	
7	Sun	6:46	4.5	6:59	3.4	12:09	0.1	1:01	0.2	7:03	4:45	
8	Mon	7:25	4.6	7:40	3.4	12:46	0.1	1:39	0.2	7:04	4:45	
9	Tue	8:05	4.7	8:20	3.4	1:23	0.1	2:17	0.2	7:05	4:45	
10	Wed	8:46	4.7	9:01	3.3	2:01	0.1	2:56	0.3	7:06	4:45	
11	Thu	9:27	4.7	9:42	3.3	2:40	0.2	3:37	0.4	7:06	4:45	
12	Fri	10:08	4.6	10:25	3.2	3:21	0.2	4:20	0.4	7:07	4:45	
13	Sat	10:51	4.5	11:10	3.2	4:05	0.3	5:06	0.5	7:08	4:46	
14	Sun	11:35	4.4	11:59	3.2	4:54	0.4	5:53	0.5	7:09	4:46	
15	Mon			12:24	4.2	5:49	0.5	6:42	0.4	7:09	4:46	
16	Tue	12:54	3.4	1:17	4.1	6:48	0.5	7:32	0.3	7:10	4:46	
17	Wed	1:54	3.6	2:14	3.9	7:51	0.4	8:23	0.1	7:11	4:47	
18	Thu	2:54	4.0	3:13	3.9	8:55	0.3	9:15	-0.1	7:11	4:47	
19	Fri	3:53	4.5	4:11	3.8	9:59	0.1	10:08	-0.3	7:12	4:48	
20	Sat	4:49	4.9	5:07	3.8	11:01	-0.1	11:02	-0.5	7:12	4:48	
21	Sun	5:44	5.3	6:02	3.8			12:00	-0.4	7:13	4:48	
22	Mon	6:37	5.5	6:56	3.8			12:56	-0.5	7:13	4:49	
23	Tue	7:31	5.6	7:49	3.7	12:48	-0.9	1:49	-0.6	7:14	4:49	
24	Wed	8:25	5.6	8:43	3.7	1:40	-0.9	2:41	-0.6	7:14	4:50	
25	Thu	9:17	5.4	9:36	3.6	2:32	-0.9	3:33	-0.5	7:15	4:51	
26	Fri	10:09	5.1	10:28	3.5	3:25	-0.7	4:26	-0.4	7:15	4:51	
27	Sat	11:00	4.8	11:22	3.4	4:19	-0.5	5:19	-0.2	7:15	4:52	
28	Sun	11:51	4.3			5:16	-0.2	6:11	-0.1	7:16	4:53	
29	Mon	12:17	3.3	12:42	3.9	6:15	0.1	7:01	0.1	7:16	4:53	
30	Tue	1:16	3.3	1:36	3.5	7:16	0.3	7:50	0.2	7:16	4:54	
31	Wed	2:16	3.3	2:32	3.2	8:18	0.4	8:34	0.2	7:16	4:55	