























Sand Shoal Inlet, VA - Feb 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:16	3.7	4:27	2.7	10:34	0.6	10:14	0.3	7:06	5:26	
2	Mon	5:07	3.9	5:17	2.8	11:26	0.5	11:04	0.1	7:05	5:28	
3	Tue	5:55	4.1	6:03	3.0			12:10	0.4	7:04	5:29	
4	Wed	6:39	4.3	6:47	3.2			12:51	0.3	7:03	5:30	
5	Thu	7:21	4.5	7:30	3.4	12:36	-0.2	1:29	0.1	7:02	5:31	
6	Fri	8:02	4.6	8:13	3.5	1:19	-0.3	2:06	0.0	7:01	5:32	
7	Sat	8:42	4.7	8:55	3.7	2:01	-0.4	2:44	-0.1	7:00	5:33	
8	Sun	9:22	4.7	9:37	3.9	2:44	-0.4	3:23	-0.2	6:59	5:34	
9	Mon	10:02	4.5	10:21	4.0	3:29	-0.4	4:03	-0.2	6:58	5:35	
10	Tue	10:44	4.3	11:07	4.1	4:17	-0.3	4:45	-0.2	6:57	5:36	
11	Wed	11:28	3.9	11:58	4.2	5:10	-0.1	5:31	-0.2	6:56	5:37	
12	Thu			12:18	3.6	6:08	0.0	6:21	-0.1	6:55	5:38	
13	Fri	12:54	4.2	1:14	3.2	7:10	0.1	7:16	-0.1	6:54	5:39	
14	Sat	1:58	4.2	2:19	3.0	8:17	0.2	8:17	-0.1	6:53	5:41	
15	Sun	3:07	4.3	3:27	2.9	9:26	0.2	9:21	-0.2	6:52	5:42	
16	Mon	4:15	4.5	4:33	3.0	10:36	0.1	10:26	-0.4	6:51	5:43	
17	Tue	5:18	4.6	5:34	3.2	11:38	-0.1	11:28	-0.5	6:50	5:44	
18	Wed	6:15	4.8	6:29	3.4			12:32	-0.2	6:48	5:45	
19	Thu	7:08	4.9	7:21	3.7	12:25	-0.7	1:20	-0.4	6:47	5:46	
20	Fri	7:56	4.8	8:09	3.8	1:16	-0.8	2:03	-0.5	6:46	5:47	
21	Sat	8:40	4.7	8:55	4.0	2:05	-0.8	2:44	-0.5	6:45	5:48	
22	Sun	9:22	4.5	9:39	4.0	2:51	-0.7	3:23	-0.4	6:43	5:49	
23	Mon	10:03	4.2	10:21	4.0	3:37	-0.5	4:02	-0.3	6:42	5:50	
24	Tue	10:43	3.8	11:04	3.9	4:23	-0.3	4:41	-0.1	6:41	5:51	
25	Wed	11:24	3.4	11:49	3.8	5:11	0.0	5:21	0.1	6:40	5:52	
26	Thu			12:07	3.1	6:00	0.3	6:04	0.3	6:38	5:53	
27	Fri	12:37	3.7	12:55	2.8	6:53	0.5	6:51	0.5	6:37	5:54	
28	Sat	1:32	3.6	1:50	2.7	7:49	0.7	7:43	0.5	6:36	5:55	
29	Sun	2:33	3.5	2:51	2.6	8:48	0.8	8:39	0.5	6:34	5:56	