

































Sand Shoal Inlet, VA - Apr 2004

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 4:45 | 4.1 | 5:01 | 3.5 | 10:49 | 0.6 | 10:53 | 0.2 | 5:47 | 6:25 |  |
| 2 | Fri | 5:32 | 4.4 | 5:48 | 4.0 | 11:34 | 0.3 | 11:44 | 0.0 | 5:46 | 6:26 |  |
| 3 | Sat | 6:16 | 4.5 | 6:33 | 4.4 | | | 12:16 | 0.1 | 5:44 | 6:27 |  |
| 4 | Sun | 8:00 | 4.6 | 8:18 | 4.8 | 12:33 | -0.3 | 1:56 | -0.2 | 6:43 | 7:28 |  |
| 5 | Mon | 8:44 | 4.6 | 9:03 | 5.1 | 2:21 | -0.5 | 2:37 | -0.3 | 6:41 | 7:29 |  |
| 6 | Tue | 9:29 | 4.5 | 9:50 | 5.3 | 3:09 | -0.5 | 3:19 | -0.4 | 6:40 | 7:30 |  |
| 7 | Wed | 10:15 | 4.3 | 10:38 | 5.4 | 3:58 | -0.5 | 4:03 | -0.4 | 6:38 | 7:31 |  |
| 8 | Thu | 11:02 | 4.1 | 11:28 | 5.3 | 4:50 | -0.4 | 4:50 | -0.3 | 6:37 | 7:32 |  |
| 9 | Fri | 11:52 | 3.8 | | | 5:45 | -0.2 | 5:42 | -0.2 | 6:35 | 7:33 |  |
| 10 | Sat | 12:22 | 5.1 | 12:47 | 3.5 | 6:45 | 0.0 | 6:40 | 0.0 | 6:34 | 7:34 |  |
| 11 | Sun | 1:21 | 4.8 | 1:48 | 3.2 | 7:48 | 0.2 | 7:44 | 0.1 | 6:33 | 7:34 |  |
| 12 | Mon | 2:28 | 4.5 | 2:58 | 3.1 | 8:55 | 0.3 | 8:52 | 0.2 | 6:31 | 7:35 |  |
| 13 | Tue | 3:41 | 4.3 | 4:12 | 3.2 | 10:02 | 0.4 | 10:02 | 0.2 | 6:30 | 7:36 |  |
| 14 | Wed | 4:51 | 4.3 | 5:18 | 3.5 | 11:05 | 0.3 | 11:09 | 0.1 | 6:28 | 7:37 |  |
| 15 | Thu | 5:51 | 4.2 | 6:14 | 3.8 | 11:59 | 0.2 | | | 6:27 | 7:38 |  |
| 16 | Fri | 6:41 | 4.2 | 7:00 | 4.1 | 12:10 | 0.0 | 12:44 | 0.1 | 6:26 | 7:39 |  |
| 17 | Sat | 7:25 | 4.1 | 7:42 | 4.3 | 1:03 | -0.1 | 1:23 | 0.0 | 6:24 | 7:40 |  |
| 18 | Sun | 8:05 | 4.1 | 8:22 | 4.5 | 1:50 | -0.2 | 1:59 | -0.1 | 6:23 | 7:41 |  |
| 19 | Mon | 8:44 | 3.9 | 9:01 | 4.7 | 2:32 | -0.2 | 2:34 | -0.1 | 6:22 | 7:42 |  |
| 20 | Tue | 9:23 | 3.8 | 9:39 | 4.7 | 3:12 | -0.2 | 3:09 | 0.0 | 6:20 | 7:42 |  |
| 21 | Wed | 10:02 | 3.7 | 10:19 | 4.7 | 3:51 | -0.1 | 3:44 | 0.1 | 6:19 | 7:43 |  |
| 22 | Thu | 10:41 | 3.5 | 10:59 | 4.5 | 4:30 | 0.1 | 4:21 | 0.3 | 6:18 | 7:44 |  |
| 23 | Fri | 11:21 | 3.3 | 11:41 | 4.4 | 5:12 | 0.3 | 5:00 | 0.4 | 6:16 | 7:45 |  |
| 24 | Sat | | | 12:02 | 3.2 | 5:56 | 0.5 | 5:44 | 0.6 | 6:15 | 7:46 |  |
| 25 | Sun | 12:26 | 4.2 | 12:47 | 3.1 | 6:44 | 0.7 | 6:32 | 0.7 | 6:14 | 7:47 |  |
| 26 | Mon | 1:15 | 4.0 | 1:38 | 3.0 | 7:35 | 0.8 | 7:26 | 0.8 | 6:13 | 7:48 |  |
| 27 | Tue | 2:10 | 3.9 | 2:35 | 3.0 | 8:28 | 0.9 | 8:24 | 0.8 | 6:12 | 7:49 |  |
| 28 | Wed | 3:09 | 3.9 | 3:36 | 3.2 | 9:21 | 0.9 | 9:24 | 0.7 | 6:10 | 7:50 |  |
| 29 | Thu | 4:07 | 4.0 | 4:34 | 3.5 | 10:13 | 0.7 | 10:23 | 0.6 | 6:09 | 7:51 |  |
| 30 | Fri | 5:01 | 4.1 | 5:26 | 3.9 | 11:02 | 0.5 | 11:21 | 0.3 | 6:08 | 7:51 |  |