



## Sand Shoal Inlet, VA - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:01	4.1	9:35	5.6	2:58	-0.3	2:53	-0.6	6:08	8:10	☉
2	Mon	9:54	4.3	10:24	5.3	3:46	-0.3	3:46	-0.5	6:08	8:09	☉
3	Tue	10:45	4.3	11:11	5.0	4:32	-0.3	4:38	-0.3	6:09	8:08	☉
4	Wed	11:34	4.3	11:57	4.6	5:18	-0.1	5:32	-0.1	6:10	8:07	☾
5	Thu			12:24	4.3	6:03	0.0	6:27	0.2	6:11	8:06	☾
6	Fri	12:42	4.1	1:14	4.2	6:49	0.2	7:24	0.5	6:12	8:05	☾
7	Sat	1:30	3.7	2:07	4.1	7:34	0.4	8:23	0.7	6:13	8:04	☾
8	Sun	2:22	3.3	3:03	4.1	8:22	0.6	9:23	0.9	6:14	8:03	☾
9	Mon	3:18	3.1	4:02	4.1	9:11	0.7	10:25	0.9	6:14	8:02	☾
10	Tue	4:17	3.0	5:00	4.2	10:03	0.7	11:25	0.9	6:15	8:01	☾
11	Wed	5:13	3.0	5:52	4.3	10:57	0.7			6:16	7:59	☾
12	Thu	6:04	3.2	6:39	4.5	12:17	0.9	11:48 AM	0.6	6:17	7:58	☾
13	Fri	6:50	3.4	7:23	4.7	1:00	0.8	12:37	0.5	6:18	7:57	☾
14	Sat	7:34	3.6	8:04	4.9	1:38	0.7	1:21	0.3	6:19	7:56	☾
15	Sun	8:16	3.8	8:44	5.0	2:14	0.5	2:03	0.2	6:19	7:55	☾
16	Mon	8:58	4.0	9:23	5.0	2:50	0.4	2:44	0.2	6:20	7:53	☾
17	Tue	9:39	4.2	10:01	5.0	3:25	0.3	3:26	0.2	6:21	7:52	☾
18	Wed	10:20	4.3	10:40	4.8	4:02	0.3	4:09	0.2	6:22	7:51	☾
19	Thu	11:01	4.5	11:20	4.6	4:39	0.3	4:55	0.3	6:23	7:49	☾
20	Fri	11:45	4.6			5:19	0.3	5:45	0.4	6:24	7:48	☾
21	Sat	12:02	4.3	12:32	4.7	6:02	0.3	6:40	0.5	6:24	7:47	☾
22	Sun	12:49	4.0	1:24	4.8	6:49	0.3	7:41	0.6	6:25	7:45	☾
23	Mon	1:42	3.7	2:25	4.8	7:43	0.4	8:45	0.7	6:26	7:44	☾
24	Tue	2:44	3.5	3:31	4.9	8:42	0.4	9:52	0.7	6:27	7:43	☾
25	Wed	3:52	3.4	4:39	5.0	9:45	0.3	11:00	0.6	6:28	7:41	☾
26	Thu	5:00	3.5	5:43	5.2	10:50	0.1			6:29	7:40	☾
27	Fri	6:02	3.7	6:42	5.4	12:04	0.4	11:54 AM	-0.1	6:29	7:38	☉
28	Sat	7:00	4.0	7:36	5.5	1:00	0.2	12:54	-0.2	6:30	7:37	☉
29	Sun	7:53	4.3	8:26	5.4	1:50	0.0	1:49	-0.4	6:31	7:36	☉
30	Mon	8:44	4.5	9:13	5.3	2:35	-0.1	2:40	-0.4	6:32	7:34	☉
31	Tue	9:32	4.7	9:58	5.1	3:18	-0.2	3:29	-0.3	6:33	7:33	☉