
































Sand Shoal Inlet, VA - Jan 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:39	4.0			5:04	0.3	5:49	0.4	7:17	4:56	
2	Sun	12:03	3.3	12:22	3.7	5:56	0.4	6:33	0.3	7:17	4:57	
3	Mon	12:54	3.4	1:11	3.5	6:52	0.5	7:18	0.3	7:17	4:58	
4	Tue	1:49	3.7	2:06	3.4	7:53	0.5	8:08	0.2	7:17	4:58	
5	Wed	2:48	4.0	3:06	3.3	8:55	0.4	9:01	0.0	7:17	4:59	
6	Thu	3:48	4.4	4:05	3.3	9:59	0.2	9:57	-0.2	7:17	5:00	
7	Fri	4:46	4.7	5:03	3.3	11:02	0.0	10:54	-0.4	7:17	5:01	
8	Sat	5:42	5.1	6:00	3.4			12:01	-0.2	7:17	5:02	
9	Sun	6:38	5.4	6:55	3.6			12:57	-0.4	7:17	5:03	
10	Mon	7:33	5.5	7:50	3.7	12:47	-0.9	1:49	-0.6	7:17	5:04	
11	Tue	8:27	5.5	8:44	3.8	1:41	-1.0	2:40	-0.6	7:16	5:05	
12	Wed	9:19	5.4	9:37	3.8	2:34	-1.0	3:30	-0.6	7:16	5:06	
13	Thu	10:09	5.1	10:31	3.9	3:29	-0.9	4:20	-0.6	7:16	5:07	
14	Fri	10:59	4.7	11:24	3.8	4:25	-0.7	5:10	-0.5	7:16	5:08	
15	Sat	11:48	4.2			5:23	-0.4	6:00	-0.4	7:15	5:09	
16	Sun	12:20	3.8	12:40	3.7	6:24	-0.1	6:50	-0.2	7:15	5:10	
17	Mon	1:18	3.7	1:34	3.2	7:27	0.1	7:40	-0.1	7:15	5:11	
18	Tue	2:19	3.7	2:32	2.9	8:31	0.3	8:30	0.1	7:14	5:12	
19	Wed	3:20	3.7	3:31	2.7	9:38	0.4	9:22	0.1	7:14	5:13	
20	Thu	4:18	3.8	4:27	2.6	10:42	0.4	10:15	0.1	7:13	5:14	
21	Fri	5:09	3.9	5:16	2.7	11:36	0.4	11:05	0.1	7:13	5:15	
22	Sat	5:55	4.0	6:01	2.8			12:20	0.3	7:12	5:16	
23	Sun	6:39	4.2	6:44	2.9			12:58	0.3	7:12	5:17	
24	Mon	7:20	4.3	7:26	3.1	12:34	-0.1	1:33	0.2	7:11	5:18	
25	Tue	8:00	4.4	8:07	3.2	1:15	-0.2	2:08	0.1	7:11	5:20	
26	Wed	8:38	4.4	8:47	3.3	1:54	-0.2	2:42	0.1	7:10	5:21	
27	Thu	9:15	4.4	9:27	3.4	2:33	-0.2	3:17	0.1	7:09	5:22	
28	Fri	9:52	4.3	10:06	3.5	3:13	-0.1	3:53	0.1	7:08	5:23	
29	Sat	10:28	4.1	10:47	3.6	3:54	0.0	4:29	0.1	7:08	5:24	
30	Sun	11:06	3.9	11:29	3.7	4:40	0.1	5:08	0.1	7:07	5:25	
31	Mon	11:47	3.6			5:30	0.2	5:50	0.1	7:06	5:26	