

## Sand Shoal Inlet, VA - Mar 2005

| Date |     | High  |     |       |     | Low   |      |       |      | ☀    |      | ☾    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise | Set  | Moon |
| 1    | Tue | 11:21 | 3.6 | 11:49 | 4.3 | 5:10  | 0.1  | 5:16  | 0.1  | 6:33 | 5:57 | ☾    |
| 2    | Wed |       |     | 12:09 | 3.3 | 6:05  | 0.3  | 6:07  | 0.1  | 6:32 | 5:58 | ☾    |
| 3    | Thu | 12:45 | 4.3 | 1:06  | 3.1 | 7:07  | 0.4  | 7:05  | 0.1  | 6:30 | 5:59 | ☾    |
| 4    | Fri | 1:51  | 4.3 | 2:13  | 3.0 | 8:13  | 0.4  | 8:09  | 0.1  | 6:29 | 6:00 | ☾    |
| 5    | Sat | 3:02  | 4.4 | 3:24  | 3.0 | 9:22  | 0.4  | 9:17  | -0.1 | 6:28 | 6:01 | ☾    |
| 6    | Sun | 4:11  | 4.5 | 4:30  | 3.2 | 10:28 | 0.2  | 10:24 | -0.3 | 6:26 | 6:01 | ☾    |
| 7    | Mon | 5:13  | 4.7 | 5:31  | 3.6 | 11:28 | -0.1 | 11:27 | -0.5 | 6:25 | 6:02 | ☾    |
| 8    | Tue | 6:09  | 4.9 | 6:26  | 3.9 |       |      | 12:21 | -0.3 | 6:23 | 6:03 | ☾    |
| 9    | Wed | 7:01  | 5.0 | 7:18  | 4.3 | 12:24 | -0.8 | 1:08  | -0.5 | 6:22 | 6:04 | ☾    |
| 10   | Thu | 7:50  | 4.9 | 8:07  | 4.5 | 1:18  | -0.9 | 1:51  | -0.6 | 6:20 | 6:05 | ☾    |
| 11   | Fri | 8:36  | 4.7 | 8:54  | 4.7 | 2:08  | -0.9 | 2:33  | -0.6 | 6:19 | 6:06 | ☾    |
| 12   | Sat | 9:20  | 4.4 | 9:40  | 4.7 | 2:57  | -0.8 | 3:15  | -0.5 | 6:17 | 6:07 | ☾    |
| 13   | Sun | 10:03 | 4.1 | 10:25 | 4.6 | 3:46  | -0.6 | 3:56  | -0.4 | 6:16 | 6:08 | ☾    |
| 14   | Mon | 10:47 | 3.7 | 11:11 | 4.4 | 4:36  | -0.3 | 4:39  | -0.1 | 6:14 | 6:09 | ☾    |
| 15   | Tue | 11:31 | 3.3 | 11:59 | 4.1 | 5:27  | 0.1  | 5:25  | 0.1  | 6:13 | 6:10 | ☾    |
| 16   | Wed |       |     | 12:18 | 3.0 | 6:20  | 0.4  | 6:14  | 0.4  | 6:11 | 6:11 | ☾    |
| 17   | Thu | 12:52 | 3.8 | 1:12  | 2.7 | 7:18  | 0.6  | 7:08  | 0.5  | 6:10 | 6:12 | ☾    |
| 18   | Fri | 1:53  | 3.6 | 2:13  | 2.6 | 8:19  | 0.8  | 8:06  | 0.6  | 6:08 | 6:13 | ☾    |
| 19   | Sat | 3:00  | 3.6 | 3:18  | 2.7 | 9:22  | 0.9  | 9:07  | 0.6  | 6:07 | 6:14 | ☾    |
| 20   | Sun | 4:04  | 3.7 | 4:16  | 2.9 | 10:20 | 0.8  | 10:05 | 0.5  | 6:05 | 6:15 | ☾    |
| 21   | Mon | 4:56  | 3.8 | 5:06  | 3.2 | 11:07 | 0.7  | 10:58 | 0.3  | 6:04 | 6:15 | ☾    |
| 22   | Tue | 5:41  | 4.0 | 5:50  | 3.5 | 11:46 | 0.5  | 11:45 | 0.2  | 6:02 | 6:16 | ☾    |
| 23   | Wed | 6:21  | 4.2 | 6:32  | 3.8 |       |      | 12:22 | 0.4  | 6:01 | 6:17 | ☾    |
| 24   | Thu | 7:00  | 4.3 | 7:12  | 4.1 | 12:28 | 0.0  | 12:56 | 0.2  | 5:59 | 6:18 | ☾    |
| 25   | Fri | 7:38  | 4.3 | 7:51  | 4.4 | 1:10  | -0.1 | 1:30  | 0.0  | 5:58 | 6:19 | ☾    |
| 26   | Sat | 8:16  | 4.3 | 8:31  | 4.6 | 1:51  | -0.2 | 2:06  | 0.0  | 5:56 | 6:20 | ☾    |
| 27   | Sun | 8:55  | 4.2 | 9:12  | 4.8 | 2:33  | -0.2 | 2:42  | -0.1 | 5:55 | 6:21 | ☾    |
| 28   | Mon | 9:35  | 4.0 | 9:54  | 4.9 | 3:17  | -0.2 | 3:21  | 0.0  | 5:53 | 6:22 | ☾    |
| 29   | Tue | 10:17 | 3.8 | 10:40 | 4.8 | 4:04  | -0.1 | 4:03  | 0.0  | 5:52 | 6:23 | ☾    |
| 30   | Wed | 11:02 | 3.6 | 11:30 | 4.7 | 4:55  | 0.1  | 4:51  | 0.1  | 5:50 | 6:23 | ☾    |
| 31   | Thu | 11:53 | 3.3 |       |     | 5:52  | 0.3  | 5:47  | 0.2  | 5:49 | 6:24 | ☾    |