
































## Sand Shoal Inlet, VA - Jun 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:09	4.0	4:50	4.2	10:13	0.1	10:52	0.3	5:43	8:18	
2	Thu	5:07	3.8	5:44	4.5	11:03	0.0	11:54	0.2	5:43	8:18	
3	Fri	5:59	3.6	6:31	4.7	11:51	0.0			5:43	8:19	
4	Sat	6:47	3.5	7:16	4.8	12:50	0.1	12:36	0.0	5:43	8:19	
5	Sun	7:32	3.4	7:59	4.9	1:39	0.1	1:19	0.0	5:42	8:20	
6	Mon	8:16	3.4	8:41	4.9	2:22	0.1	2:01	0.0	5:42	8:21	
7	Tue	8:59	3.3	9:24	4.9	3:03	0.1	2:42	0.1	5:42	8:21	
8	Wed	9:42	3.3	10:07	4.8	3:43	0.2	3:23	0.1	5:42	8:22	
9	Thu	10:24	3.3	10:49	4.6	4:23	0.3	4:04	0.2	5:42	8:22	
10	Fri	11:07	3.3	11:32	4.5	5:05	0.4	4:48	0.4	5:42	8:23	
11	Sat	11:51	3.2			5:47	0.5	5:33	0.5	5:41	8:23	
12	Sun	12:15	4.3	12:37	3.2	6:31	0.6	6:22	0.7	5:41	8:24	
13	Mon	12:59	4.1	1:25	3.3	7:14	0.7	7:14	0.8	5:41	8:24	
14	Tue	1:45	3.9	2:17	3.4	7:57	0.7	8:09	0.8	5:41	8:24	
15	Wed	2:34	3.8	3:11	3.7	8:41	0.6	9:05	0.8	5:41	8:25	
16	Thu	3:26	3.6	4:04	4.0	9:26	0.5	10:03	0.7	5:42	8:25	
17	Fri	4:20	3.6	4:56	4.4	10:12	0.4	11:02	0.6	5:42	8:25	
18	Sat	5:13	3.6	5:47	4.8	11:01	0.3	11:59	0.4	5:42	8:26	
19	Sun	6:05	3.6	6:37	5.2	11:52	0.1			5:42	8:26	
20	Mon	6:56	3.7	7:28	5.5	12:54	0.1	12:44	-0.1	5:42	8:26	
21	Tue	7:48	3.8	8:20	5.7	1:48	-0.1	1:36	-0.3	5:42	8:27	
22	Wed	8:41	3.8	9:14	5.8	2:39	-0.2	2:28	-0.4	5:43	8:27	
23	Thu	9:35	3.9	10:07	5.7	3:31	-0.3	3:21	-0.5	5:43	8:27	
24	Fri	10:29	3.9	11:00	5.6	4:23	-0.3	4:16	-0.4	5:43	8:27	
25	Sat	11:24	4.0	11:53	5.3	5:16	-0.2	5:13	-0.3	5:44	8:27	
26	Sun			12:20	4.0	6:10	-0.2	6:14	-0.1	5:44	8:27	
27	Mon	12:46	4.9	1:19	4.0	7:03	-0.1	7:17	0.1	5:44	8:27	
28	Tue	1:41	4.4	2:20	4.1	7:56	-0.1	8:22	0.2	5:45	8:27	
29	Wed	2:39	4.0	3:23	4.2	8:47	0.0	9:29	0.4	5:45	8:27	
30	Thu	3:38	3.6	4:24	4.3	9:38	0.1	10:35	0.4	5:45	8:27	