

































Sand Shoal Inlet, VA - Jul 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:37	3.3	5:20	4.4	10:29	0.1	11:39	0.4	5:46	8:27	
2	Sat	5:33	3.2	6:10	4.6	11:19	0.2			5:46	8:27	
3	Sun	6:23	3.1	6:56	4.6	12:36	0.4	12:08	0.2	5:47	8:27	
4	Mon	7:09	3.1	7:40	4.7	1:25	0.3	12:55	0.2	5:47	8:27	
5	Tue	7:53	3.2	8:23	4.7	2:07	0.3	1:39	0.1	5:48	8:27	
6	Wed	8:36	3.3	9:05	4.8	2:45	0.3	2:20	0.1	5:48	8:26	
7	Thu	9:18	3.3	9:46	4.7	3:22	0.3	3:01	0.1	5:49	8:26	
8	Fri	10:00	3.4	10:26	4.7	3:58	0.4	3:42	0.2	5:50	8:26	
9	Sat	10:41	3.5	11:05	4.6	4:35	0.4	4:23	0.3	5:50	8:26	
10	Sun	11:23	3.5	11:44	4.4	5:13	0.5	5:06	0.4	5:51	8:25	
11	Mon			12:05	3.6	5:51	0.5	5:51	0.6	5:52	8:25	
12	Tue	12:23	4.2	12:48	3.7	6:30	0.6	6:40	0.7	5:52	8:24	
13	Wed	1:04	4.0	1:35	3.8	7:11	0.6	7:33	0.8	5:53	8:24	
14	Thu	1:49	3.7	2:26	4.0	7:53	0.6	8:30	0.8	5:54	8:23	
15	Fri	2:40	3.6	3:22	4.3	8:40	0.5	9:30	0.8	5:54	8:23	
16	Sat	3:37	3.4	4:19	4.6	9:30	0.4	10:31	0.6	5:55	8:22	
17	Sun	4:36	3.4	5:17	4.9	10:25	0.3	11:33	0.5	5:56	8:22	
18	Mon	5:35	3.5	6:14	5.2	11:23	0.1			5:56	8:21	
19	Tue	6:32	3.6	7:09	5.5	12:33	0.3	12:21	-0.2	5:57	8:21	
20	Wed	7:27	3.8	8:04	5.7	1:29	0.0	1:18	-0.4	5:58	8:20	
21	Thu	8:23	4.0	8:58	5.8	2:22	-0.2	2:13	-0.6	5:59	8:19	
22	Fri	9:18	4.2	9:51	5.8	3:13	-0.3	3:08	-0.6	5:59	8:19	
23	Sat	10:12	4.3	10:42	5.5	4:02	-0.4	4:03	-0.6	6:00	8:18	
24	Sun	11:05	4.4	11:32	5.2	4:52	-0.4	4:59	-0.4	6:01	8:17	
25	Mon	11:59	4.5			5:41	-0.3	5:58	-0.2	6:02	8:17	
26	Tue	12:22	4.7	12:54	4.5	6:30	-0.2	6:59	0.1	6:03	8:16	
27	Wed	1:13	4.2	1:51	4.4	7:20	0.0	8:02	0.3	6:03	8:15	
28	Thu	2:07	3.7	2:51	4.4	8:11	0.1	9:07	0.5	6:04	8:14	
29	Fri	3:05	3.3	3:53	4.3	9:03	0.3	10:14	0.6	6:05	8:13	
30	Sat	4:07	3.1	4:54	4.3	9:57	0.4	11:21	0.7	6:06	8:12	
31	Sun	5:07	3.0	5:49	4.4	10:51	0.4			6:07	8:11	