



Sand Shoal Inlet, VA - Mar 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:52	5.0	9:13	4.8	2:22	-1.1	2:51	-0.8	6:33	5:56	☀
2	Thu	9:39	4.6	10:03	4.9	3:15	-1.0	3:36	-0.8	6:32	5:57	☀
3	Fri	10:26	4.2	10:53	4.8	4:09	-0.7	4:22	-0.6	6:31	5:58	☀
4	Sat	11:14	3.7	11:44	4.5	5:04	-0.4	5:11	-0.4	6:29	5:59	☀
5	Sun			12:05	3.3	6:03	-0.1	6:03	-0.1	6:28	6:00	☀
6	Mon	12:41	4.2	1:00	2.9	7:05	0.2	6:59	0.1	6:26	6:01	☀
7	Tue	1:44	3.9	2:04	2.7	8:12	0.5	8:00	0.3	6:25	6:02	☀
8	Wed	2:55	3.7	3:13	2.6	9:23	0.6	9:04	0.3	6:24	6:03	☀
9	Thu	4:06	3.7	4:18	2.7	10:32	0.6	10:07	0.3	6:22	6:04	☀
10	Fri	5:04	3.8	5:10	2.9	11:25	0.5	11:02	0.2	6:21	6:05	☀
11	Sat	5:50	3.9	5:54	3.2			12:04	0.4	6:19	6:06	☀
12	Sun	6:28	4.0	6:34	3.4			12:36	0.3	6:18	6:07	☀
13	Mon	7:05	4.1	7:12	3.7	12:31	0.0	1:06	0.2	6:16	6:08	☀
14	Tue	7:40	4.2	7:50	4.0	1:10	-0.1	1:36	0.1	6:15	6:09	☀
15	Wed	8:15	4.1	8:27	4.1	1:47	-0.2	2:07	0.1	6:13	6:10	☀
16	Thu	8:51	4.0	9:04	4.3	2:25	-0.1	2:39	0.1	6:12	6:11	☀
17	Fri	9:26	3.9	9:41	4.3	3:03	0.0	3:12	0.1	6:10	6:12	☀
18	Sat	10:02	3.7	10:20	4.4	3:43	0.1	3:47	0.2	6:09	6:12	☀
19	Sun	10:40	3.5	11:01	4.3	4:27	0.2	4:25	0.3	6:07	6:13	☀
20	Mon	11:21	3.3	11:49	4.3	5:15	0.4	5:10	0.4	6:06	6:14	☀
21	Tue			12:08	3.1	6:09	0.5	6:02	0.4	6:04	6:15	☀
22	Wed	12:46	4.2	1:07	3.0	7:09	0.6	7:03	0.4	6:03	6:16	☀
23	Thu	1:52	4.2	2:15	3.0	8:13	0.6	8:10	0.3	6:01	6:17	☀
24	Fri	3:01	4.3	3:24	3.2	9:18	0.5	9:17	0.1	6:00	6:18	☀
25	Sat	4:07	4.5	4:28	3.6	10:19	0.3	10:23	-0.2	5:58	6:19	☀
26	Sun	5:06	4.8	5:26	4.0	11:15	0.0	11:25	-0.5	5:57	6:20	☀
27	Mon	6:00	4.9	6:20	4.5			12:05	-0.3	5:55	6:21	☀
28	Tue	6:51	4.9	7:11	4.9	12:23	-0.7	12:51	-0.6	5:54	6:21	☀
29	Wed	7:40	4.8	8:01	5.2	1:16	-0.9	1:36	-0.7	5:52	6:22	☀
30	Thu	8:28	4.6	8:50	5.3	2:08	-0.9	2:20	-0.7	5:51	6:23	☀
31	Fri	9:15	4.3	9:38	5.2	2:59	-0.8	3:05	-0.6	5:49	6:24	☀