























## Sand Shoal Inlet, VA - May 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:25	3.4	11:52	4.7	5:24	0.0	5:11	0.0	6:07	7:52	
2	Tue			12:14	3.2	6:16	0.3	6:03	0.3	6:06	7:53	
3	Wed	12:43	4.4	1:05	3.1	7:11	0.5	6:59	0.5	6:05	7:54	
4	Thu	1:38	4.1	2:02	3.0	8:07	0.7	7:57	0.7	6:04	7:55	
5	Fri	2:36	3.8	3:04	3.0	9:00	0.8	8:57	0.7	6:03	7:56	
6	Sat	3:36	3.7	4:05	3.2	9:50	0.8	9:56	0.7	6:02	7:56	
7	Sun	4:32	3.6	4:58	3.5	10:35	0.7	10:53	0.7	6:01	7:57	
8	Mon	5:20	3.7	5:44	3.8	11:17	0.6	11:45	0.6	6:00	7:58	
9	Tue	6:04	3.7	6:26	4.2	11:56	0.5			5:59	7:59	
10	Wed	6:46	3.7	7:06	4.5	12:32	0.4	12:34	0.4	5:58	8:00	
11	Thu	7:27	3.7	7:47	4.8	1:16	0.3	1:12	0.3	5:57	8:01	
12	Fri	8:08	3.7	8:27	5.0	1:58	0.2	1:51	0.2	5:56	8:02	
13	Sat	8:49	3.7	9:09	5.1	2:40	0.1	2:30	0.1	5:55	8:03	
14	Sun	9:31	3.7	9:53	5.1	3:22	0.1	3:11	0.1	5:54	8:03	
15	Mon	10:15	3.6	10:38	5.1	4:07	0.1	3:54	0.1	5:54	8:04	
16	Tue	11:00	3.5	11:27	5.1	4:54	0.2	4:41	0.2	5:53	8:05	
17	Wed	11:49	3.5			5:46	0.3	5:34	0.2	5:52	8:06	
18	Thu	12:18	4.9	12:43	3.4	6:40	0.3	6:33	0.3	5:51	8:07	
19	Fri	1:13	4.7	1:43	3.5	7:36	0.3	7:37	0.3	5:51	8:08	
20	Sat	2:12	4.5	2:47	3.7	8:32	0.3	8:43	0.3	5:50	8:08	
21	Sun	3:14	4.3	3:52	4.0	9:27	0.2	9:50	0.2	5:49	8:09	
22	Mon	4:16	4.2	4:53	4.4	10:20	0.0	10:56	0.1	5:48	8:10	
23	Tue	5:14	4.1	5:49	4.8	11:12	-0.1	11:59	0.0	5:48	8:11	
24	Wed	6:09	3.9	6:41	5.1			12:03	-0.2	5:47	8:12	
25	Thu	7:01	3.8	7:31	5.3	12:58	-0.2	12:52	-0.3	5:47	8:12	
26	Fri	7:51	3.7	8:19	5.4	1:51	-0.3	1:39	-0.4	5:46	8:13	
27	Sat	8:40	3.6	9:07	5.3	2:41	-0.3	2:26	-0.3	5:46	8:14	
28	Sun	9:28	3.5	9:55	5.2	3:28	-0.2	3:12	-0.2	5:45	8:15	
29	Mon	10:15	3.4	10:42	5.0	4:15	-0.1	3:58	-0.1	5:45	8:15	
30	Tue	11:01	3.3	11:28	4.7	5:02	0.1	4:45	0.1	5:44	8:16	
31	Wed	11:48	3.3			5:50	0.3	5:35	0.3	5:44	8:17	