

































Sand Shoal Inlet, VA - Aug 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:10	3.6	1:43	4.0	7:09	0.7	7:49	0.9	6:07	8:11	
2	Wed	1:56	3.4	2:35	4.1	7:53	0.7	8:45	1.0	6:08	8:10	
3	Thu	2:49	3.2	3:33	4.2	8:42	0.7	9:44	1.0	6:09	8:09	
4	Fri	3:48	3.2	4:32	4.5	9:36	0.6	10:46	0.9	6:10	8:08	
5	Sat	4:48	3.2	5:29	4.8	10:33	0.5	11:45	0.7	6:11	8:07	
6	Sun	5:45	3.4	6:24	5.1	11:32	0.3			6:11	8:06	
7	Mon	6:40	3.7	7:17	5.4	12:41	0.5	12:29	0.0	6:12	8:04	
8	Tue	7:33	3.9	8:07	5.6	1:32	0.2	1:24	-0.2	6:13	8:03	
9	Wed	8:25	4.2	8:57	5.7	2:20	0.0	2:17	-0.4	6:14	8:02	
10	Thu	9:16	4.5	9:46	5.6	3:06	-0.2	3:09	-0.5	6:15	8:01	
11	Fri	10:08	4.8	10:34	5.4	3:52	-0.3	4:02	-0.5	6:16	8:00	
12	Sat	10:59	4.9	11:22	5.0	4:38	-0.4	4:58	-0.3	6:16	7:59	
13	Sun	11:51	5.0			5:25	-0.3	5:55	-0.1	6:17	7:58	
14	Mon	12:12	4.5	12:45	5.0	6:14	-0.2	6:56	0.1	6:18	7:56	
15	Tue	1:03	4.0	1:42	4.8	7:05	0.0	8:01	0.4	6:19	7:55	
16	Wed	2:00	3.6	2:45	4.7	8:00	0.2	9:08	0.6	6:20	7:54	
17	Thu	3:03	3.2	3:53	4.6	8:58	0.3	10:19	0.7	6:21	7:53	
18	Fri	4:11	3.1	5:01	4.5	9:59	0.4	11:29	0.7	6:22	7:51	
19	Sat	5:16	3.1	6:01	4.6	11:01	0.4			6:22	7:50	
20	Sun	6:12	3.2	6:51	4.7	12:28	0.6	11:59 AM	0.3	6:23	7:49	
21	Mon	7:00	3.4	7:34	4.7	1:15	0.6	12:50	0.3	6:24	7:47	
22	Tue	7:42	3.6	8:13	4.8	1:53	0.5	1:34	0.2	6:25	7:46	
23	Wed	8:23	3.8	8:50	4.8	2:26	0.4	2:15	0.2	6:26	7:45	
24	Thu	9:02	4.0	9:27	4.7	2:57	0.4	2:54	0.2	6:27	7:43	
25	Fri	9:41	4.2	10:03	4.6	3:28	0.4	3:33	0.2	6:27	7:42	
26	Sat	10:19	4.3	10:39	4.4	3:59	0.4	4:12	0.4	6:28	7:41	
27	Sun	10:57	4.4	11:15	4.1	4:32	0.5	4:53	0.5	6:29	7:39	
28	Mon	11:36	4.4	11:52	3.9	5:06	0.6	5:36	0.7	6:30	7:38	
29	Tue			12:17	4.4	5:42	0.7	6:23	0.9	6:31	7:36	
30	Wed	12:31	3.6	1:02	4.3	6:23	0.8	7:15	1.0	6:32	7:35	
31	Thu	1:16	3.4	1:54	4.3	7:10	0.8	8:12	1.1	6:32	7:33	