
































Sand Shoal Inlet, VA - Nov 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:42	4.1	4:08	4.7	9:36	0.3	10:13	0.1	6:27	5:05	
2	Thu	4:39	4.6	5:03	4.7	10:40	0.1	11:03	-0.1	6:28	5:04	
3	Fri	5:32	5.1	5:54	4.6	11:39	-0.2	11:51	-0.3	6:29	5:03	
4	Sat	6:23	5.5	6:44	4.5			12:35	-0.3	6:30	5:02	
5	Sun	7:13	5.8	7:34	4.4	12:38	-0.5	1:27	-0.4	6:31	5:01	
6	Mon	8:02	5.9	8:23	4.1	1:24	-0.5	2:18	-0.4	6:32	5:00	
7	Tue	8:52	5.7	9:12	3.9	2:11	-0.4	3:09	-0.2	6:33	4:59	
8	Wed	9:42	5.5	10:01	3.7	2:58	-0.3	4:02	0.0	6:35	4:58	
9	Thu	10:33	5.2	10:52	3.4	3:48	-0.1	4:56	0.3	6:36	4:57	
10	Fri	11:26	4.8	11:45	3.2	4:41	0.2	5:54	0.5	6:37	4:56	
11	Sat			12:21	4.4	5:38	0.4	6:52	0.7	6:38	4:56	
12	Sun	12:44	3.1	1:19	4.1	6:38	0.6	7:48	0.8	6:39	4:55	
13	Mon	1:48	3.1	2:19	3.9	7:40	0.8	8:39	0.8	6:40	4:54	
14	Tue	2:52	3.3	3:15	3.8	8:41	0.8	9:24	0.7	6:41	4:53	
15	Wed	3:47	3.5	4:04	3.7	9:38	0.8	10:05	0.6	6:42	4:53	
16	Thu	4:33	3.9	4:48	3.7	10:32	0.7	10:42	0.5	6:43	4:52	
17	Fri	5:14	4.2	5:29	3.7	11:19	0.6	11:20	0.4	6:44	4:51	
18	Sat	5:54	4.5	6:09	3.7			12:02	0.5	6:45	4:51	
19	Sun	6:33	4.7	6:49	3.7			12:43	0.4	6:46	4:50	
20	Mon	7:13	4.9	7:29	3.7	12:34	0.2	1:24	0.3	6:47	4:49	
21	Tue	7:54	5.0	8:10	3.6	1:13	0.2	2:05	0.3	6:48	4:49	
22	Wed	8:36	5.1	8:52	3.6	1:52	0.2	2:47	0.3	6:49	4:48	
23	Thu	9:19	5.1	9:36	3.5	2:33	0.2	3:32	0.4	6:50	4:48	
24	Fri	10:05	5.0	10:22	3.4	3:17	0.2	4:21	0.4	6:51	4:47	
25	Sat	10:53	4.9	11:13	3.4	4:06	0.3	5:12	0.5	6:52	4:47	
26	Sun	11:44	4.7			5:01	0.3	6:07	0.4	6:53	4:47	
27	Mon	12:10	3.4	12:40	4.6	6:03	0.4	7:01	0.4	6:54	4:46	
28	Tue	1:12	3.6	1:39	4.4	7:08	0.4	7:55	0.2	6:55	4:46	
29	Wed	2:17	3.8	2:41	4.2	8:15	0.3	8:49	0.1	6:56	4:46	
30	Thu	3:21	4.2	3:41	4.0	9:21	0.2	9:41	-0.1	6:57	4:46	