

































## Sand Shoal Inlet, VA - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:51	4.8	6:04	3.2			12:14	-0.1	7:17	4:56	
2	Tue	6:43	4.9	6:56	3.2			1:05	-0.2	7:17	4:56	
3	Wed	7:33	4.9	7:45	3.2	12:47	-0.6	1:52	-0.2	7:17	4:57	
4	Thu	8:20	4.8	8:32	3.3	1:35	-0.6	2:36	-0.2	7:17	4:58	
5	Fri	9:05	4.7	9:17	3.3	2:21	-0.5	3:18	-0.1	7:17	4:59	
6	Sat	9:47	4.5	10:01	3.3	3:06	-0.4	3:59	0.0	7:17	5:00	
7	Sun	10:28	4.2	10:45	3.3	3:51	-0.2	4:39	0.1	7:17	5:01	
8	Mon	11:09	3.9	11:30	3.3	4:37	0.0	5:19	0.2	7:17	5:02	
9	Tue	11:50	3.6			5:25	0.2	5:59	0.3	7:17	5:03	
10	Wed	12:17	3.3	12:34	3.3	6:16	0.4	6:40	0.3	7:17	5:03	
11	Thu	1:07	3.3	1:22	3.0	7:10	0.6	7:23	0.4	7:17	5:04	
12	Fri	2:01	3.4	2:15	2.9	8:06	0.7	8:09	0.4	7:16	5:05	
13	Sat	2:57	3.6	3:11	2.8	9:04	0.7	8:59	0.4	7:16	5:06	
14	Sun	3:53	3.8	4:06	2.8	10:02	0.6	9:51	0.3	7:16	5:07	
15	Mon	4:45	4.1	4:57	2.9	10:58	0.5	10:44	0.1	7:16	5:08	
16	Tue	5:35	4.4	5:47	3.1	11:50	0.3	11:35	-0.1	7:15	5:09	
17	Wed	6:24	4.7	6:35	3.3			12:38	0.1	7:15	5:10	
18	Thu	7:11	4.9	7:23	3.5	12:24	-0.4	1:23	-0.1	7:14	5:12	
19	Fri	7:58	5.1	8:11	3.7	1:12	-0.6	2:07	-0.3	7:14	5:13	
20	Sat	8:43	5.1	8:59	3.8	2:00	-0.7	2:51	-0.4	7:14	5:14	
21	Sun	9:29	5.1	9:48	4.0	2:49	-0.7	3:35	-0.5	7:13	5:15	
22	Mon	10:15	4.8	10:38	4.1	3:41	-0.7	4:21	-0.5	7:13	5:16	
23	Tue	11:02	4.5	11:30	4.2	4:35	-0.5	5:08	-0.5	7:12	5:17	
24	Wed	11:51	4.0			5:34	-0.3	5:58	-0.4	7:11	5:18	
25	Thu	12:26	4.2	12:44	3.5	6:36	-0.1	6:50	-0.3	7:11	5:19	
26	Fri	1:27	4.2	1:44	3.1	7:41	0.1	7:46	-0.2	7:10	5:20	
27	Sat	2:33	4.2	2:49	2.9	8:50	0.2	8:45	-0.2	7:09	5:21	
28	Sun	3:41	4.2	3:56	2.8	10:02	0.2	9:47	-0.2	7:09	5:22	
29	Mon	4:45	4.3	4:58	2.8	11:09	0.1	10:49	-0.3	7:08	5:23	
30	Tue	5:43	4.4	5:53	2.9			12:07	0.0	7:07	5:24	
31	Wed	6:35	4.4	6:43	3.1			12:55	-0.1	7:06	5:26	