

































Sand Shoal Inlet, VA - Aug 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:26	4.4	10:49	5.1	4:10	-0.1	4:16	-0.2	6:07	8:11	
2	Thu	11:13	4.6	11:34	4.8	4:53	-0.1	5:09	-0.1	6:08	8:10	
3	Fri			12:03	4.7	5:38	-0.1	6:05	0.1	6:09	8:09	
4	Sat	12:21	4.5	12:56	4.8	6:25	0.0	7:05	0.3	6:10	8:08	
5	Sun	1:12	4.0	1:53	4.8	7:16	0.0	8:09	0.4	6:10	8:07	
6	Mon	2:09	3.6	2:56	4.8	8:11	0.1	9:16	0.5	6:11	8:06	
7	Tue	3:13	3.4	4:03	4.8	9:09	0.2	10:25	0.6	6:12	8:05	
8	Wed	4:20	3.2	5:10	4.9	10:11	0.2	11:34	0.5	6:13	8:04	
9	Thu	5:26	3.3	6:11	5.0	11:15	0.1			6:14	8:03	
10	Fri	6:25	3.4	7:05	5.0	12:35	0.4	12:15	0.0	6:15	8:01	
11	Sat	7:18	3.6	7:55	5.1	1:27	0.3	1:10	-0.1	6:15	8:00	
12	Sun	8:07	3.8	8:39	5.0	2:12	0.2	2:00	-0.2	6:16	7:59	
13	Mon	8:53	3.9	9:21	4.9	2:51	0.1	2:45	-0.1	6:17	7:58	
14	Tue	9:36	4.1	10:00	4.8	3:28	0.1	3:29	-0.1	6:18	7:57	
15	Wed	10:17	4.2	10:39	4.5	4:04	0.1	4:11	0.1	6:19	7:55	
16	Thu	10:58	4.2	11:17	4.2	4:39	0.2	4:55	0.3	6:20	7:54	
17	Fri	11:39	4.3	11:56	3.9	5:14	0.4	5:39	0.5	6:20	7:53	
18	Sat			12:21	4.2	5:52	0.5	6:26	0.7	6:21	7:52	
19	Sun	12:36	3.6	1:06	4.1	6:31	0.7	7:17	0.9	6:22	7:50	
20	Mon	1:20	3.4	1:57	4.1	7:15	0.8	8:11	1.1	6:23	7:49	
21	Tue	2:11	3.2	2:54	4.1	8:04	0.9	9:08	1.2	6:24	7:48	
22	Wed	3:09	3.1	3:55	4.2	8:58	0.9	10:08	1.2	6:25	7:46	
23	Thu	4:10	3.1	4:54	4.4	9:55	0.8	11:07	1.1	6:26	7:45	
24	Fri	5:09	3.3	5:48	4.7	10:53	0.7			6:26	7:44	
25	Sat	6:02	3.5	6:38	5.0	12:01	0.9	11:49 AM	0.4	6:27	7:42	
26	Sun	6:52	3.9	7:24	5.2	12:49	0.6	12:42	0.2	6:28	7:41	
27	Mon	7:40	4.2	8:09	5.4	1:33	0.3	1:32	-0.1	6:29	7:39	
28	Tue	8:27	4.6	8:54	5.4	2:15	0.1	2:21	-0.2	6:30	7:38	
29	Wed	9:14	4.9	9:39	5.3	2:57	-0.1	3:11	-0.3	6:31	7:37	
30	Thu	10:02	5.2	10:25	5.1	3:39	-0.2	4:01	-0.3	6:31	7:35	
31	Fri	10:50	5.3	11:12	4.7	4:22	-0.2	4:54	-0.1	6:32	7:34	